

Testing Information Packet (TIP)

Cosmetology Theory

The Cosmetology theory examination consists of 100 multiple choice questions. Below is a list of the subject areas and the percent of questions per subject area that will be included in the examination. The allotted time for the Cosmetology theory examination is 90 minutes.

Infection Control & Safety

24% of exam questions

Understanding Infection

- Bacteria
- Viruses
- Fungus
- Parasites
- Immunity

Infection Control

- Levels
- Methods/Storage
- Prevention Guidelines
- Universal Precautions/Blood Spill Procedures
- Hand Washing

Safety

- Prevention Guidelines
- First Aid
- State Regulations
- OSHA/Federal Regulations

Product Knowledge & Chemistry

5% of exam questions

Products & Ingredients

Chemistry

- Fundamentals
- PH
- Chemical Reactions

Implements, Tools & Equipment

8% of exam questions

Tools/Implements

Equipment

Electricity

- Fundamentals
- Electrical Current(s)
- Light Therapy
- Electrotherapy

Anatomy & Physiology

27% of exam questions

Anatomy

- Fundamentals
- Organs
- Tissues
- Cells

Body Systems/Physiology

- Fundamentals and Functions
- Ergonomics

Skin

- Functions and Structure of the Skin
- Scalp Analysis
- Skin Diseases/Disorders
- Scalp Diseases/Disorders
- Skin Structure

Nails

- Nail Structure
- Nail Growth
- Nail Diseases/Disorders/Conditions

Hair

- Trichology/Hair Structure
- Hair Growth
- Hair Loss
- Hair Analysis/Evaluation
- Hair Disorders/Diseases

Nail Care & Services

7% of exam questions

Manicure & Pedicure

- Preparation (Analyze, Shape, Cuticle, etc.)
- Massage
- Polish

Artificial Nail Services

- Nail Tip
- Nail Wrap
- Sculptured Nail

Hair Care & Services

22% of exam questions

Methods of Draping

Shampooing

Scalp Massage Manipulations

Hair and Scalp Treatments

Haircutting

Hair Styling

- Braiding
- Hair Additions and Wigs
 - Extensions/Weaves
- Wet Hair Styling
- Dry Hair Styling
 - Thermal Curling
 - Blow drying

Chemical Services

- Color Theory
- Hair Coloring
- Chemical Relaxing
- Permanent Waving

Skin Care & Services

7% of exam questions

Skin Types/Analysis

Methods of Draping

Make Up

Facials

- Massage
- Cleansing
- Moisturizing
- Mask
- Exfoliation
- Extractions

Hair Removal

- Waxing
- Tweezing

References:

Milady Standard Cosmetology. 13th Edition. 2016. Cengage Learning.

Milady Standard Cosmetology. 14th Edition. 2022. Cengage Learning.

Pivot Point Fundamentals Cosmetology. 1st Edition. 2016. Pivot Point International, Inc. (Modules 101.1-113.13)

Salon Fundamentals Cosmetology. 3rd Edition. 2014. Pivot Point International, Inc.