

# INTERNSHIP OPPORTUNITIES \*

BEHAVIORAL HEALTH OPERATIONS - OHIO DEPARTMENT OF REHABILITATION AND CORRECTION

\*\*ALL OPPORTUNITIES ARE OFFERED BASED ON APPROPRIATENESS TO STUDENT'S SKILLS AND EDUCATIONAL PROGRAM AND IS AT THE DISCRETION OF THE ODRC SUPERVISOR

### **APPLICATION PROCESS**

- Internships exist for students pursuing a degree in the following:
  - Bachelor's or Master's in Social Work
  - Bachelor's or Master's in Counseling
  - Doctorate in Psychology
  - ■Visit <a href="https://drc.ohio.gov/work-with-us/internships/internships">https://drc.ohio.gov/work-with-us/internships/internships</a>
    - Complete online Internship Detail Sheet
    - Send approval letter from school and resume to Kimberly.Roschie@odrc.state.oh.us

### LEARNING OPPORTUNITIES

- Assessment and Evaluation
- Crisis Intervention and Assessment
- Treatment Planning and Treatment Modalities
- Multidisciplinary Team Collaboration
- Documentation Practices
- Correctional Specific Policy/Procedure
- Outpatient, Residential, and Day Treatment Levels of Care
- Compliance and Audits

#### ASSESSMENT AND EVALUATION

#### Screening upon admission

- Meet with inmates face-to-face
- Establish rapport, ask questions using screening tool and clinical skills
- Assess for signs of suicidal ideation
- Determine need for further evaluation

#### **Evaluation**

- Observe clinician interviews and assessment of inmates with mental health symptoms, history of diagnosis, history of crisis/hospitalization
- Observe decision making process for inmates as seriously mentally ill
- Read, observe, and complete Biopsychosocial Assessment
- Read and observe Mental Health Evaluation/Diagnosis

### CRISIS INTERVENTION AND ASSESSMENT

- Learn ODRC's three levels of crisis precaution
- Understand why we limit property, movement in facility, and other inmate's access
- Read documentation and observe clinician complete interview of inmate's on watch
- Understand risk factors of suicide
- Understand protective factors related to suicide
- Observe and participate in Crisis Treatment Planning

### TREATMENT PLANNING AND TREATMENT MODALITIES

- Observe and participate in Treatment Team meeting to determine best course of treatment for inmate
- Practice writing treatment plans
- Meet with inmates to discuss progress on treatment goals
- Learn about various treatment modalities and evidence based practice and programs
- Carry small caseload of clients build rapport and practice clinical skills
- Coordinate services and make referrals as needed

#### MULTIDISCIPLINARY TEAM COLLABORATION

- Learn the importance of multidisciplinary work in meetings for treatment planning, involuntary medication hearings, rules infraction board, and re-entry discharge planning
- Work with other mental health staff psychologists, social workers, counselors, activity therapists, managers, psych nurses, psychiatrists, advance practice nurses
- Work with other disciplines medical, custody, unit management, prison leadership
- Work with community inmate's family, community mental health, community linkage workers, employment programs, housing programs, re-entry coalitions, county board of developmental disabilities

### **DOCUMENTATION PRACTICES**

- Learn how to effectively document mental health activities
- Learn to navigate and use the electronic health record
- Learn what to include and what not to include in the patient's health chart
- Learn the legal perspective of documentation best practice
- Understand how gaps in documentation create problems for patient care and liability

### CORRECTIONAL SPECIFIC POLICY/PROCEDURE

- Learn the purpose of ODRC policy
- Learn how policy is revised
- Understand the consequences of breaking policy
- Learn the way policies are categorized in our large state department
- Demonstrate how to find policy on the Intranet and how to comment on policy for revision

# OUTPATIENT, RESIDENTIAL, AND DAY TREATMENT LEVELS OF CARE

- Understand the three levels of care offered: outpatient, residential, and day treatment
- Visit prisons that offer each different level of care
- Learn the qualifications of staff who provide care at each level

### **COMPLIANCE AND AUDITS**

- Learn the components of ODRC continuous quality improvement
- Understand the practice of peer reviews
- Observe an internal or ACA audit
- Observe and participate in reviews of suicide attempts and completions and other CQI meetings

\*if applicable to student's internship focus

## **CONTACT US**

- ■For more information, contact BOBHS Education and Training Manager Kim Roschie
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