



Intensive Home-Based Treatment (IHBT)

Helping Youth Thrive at Home, in School, and in the Community



What is Intensive Home-Based Treatment? >>

IHBT brings short-term, intensive help right to the youth and family's home. The goal is to stabilize and improve their behavioral health. IHBT teams will come to your house three times a week or more, if needed. You can also call them for support if your child or youth is struggling at home and they need extra help.

IHBT:

- Provides services in the home, school, and community
- Works around your family's schedule
- Helps build positive behaviors and healthy family routines
- Combines counseling, therapy, mental health assessment, and crisis support into one seamless service
- Typically lasts 3-5 months, with weekly sessions throughout

The Goals of IHBT are to:

- Keep children and youth safely at home
- Address mental health challenges that impact daily life
- Support healthy family functioning and develop positive behaviors
- Help a child and their family succeed at home, school, and in their communities

How Can I Receive Intensive Home-Based Treatment?

Talk to your care coordinators to request IHBT services:

- Every OhioRISE youth has a care coordinator through Aetna or their local care management entity
- Your care coordinator can help you access IHBT and connect you with a provider



Where can I get help or more information on OhioRISE?

To learn more about OhioRISE, including the OhioRISE program services:



Visit managedcare.medicaid.ohio.gov/OhioRISE or AetnaBetterHealth.com/OhioRISE.



Call OhioRISE Member Services at **833-711-0773 (TTY: 711)** Monday through Friday from 7 a.m. to 8 p.m.