

What is Behavioral Health Respite?

Behavioral Health Respite provides short-term support for parents, guardians, and caregivers of OhioRISE youth. It gives families assistance, helps prevent crises, and supports stability at home.

Respite Can:

- Give caregivers assistance
- Lower stress and prevent burnout
- Help youth remain safe at home
- Give planned or last-minute (emergency) support
- Offer care during the day or overnight

Where Can Respite Happen?

- At home
- A provider's home (with guardian approval)
- A licensed foster home or certified treatment foster home (certified by the Department of Children and Youth)
- In the home of a relative
- A public community setting



How Can I Receive Behavioral Health Respite Services?

Talk to your OhioRISE care coordinator:

- Every OhioRISE youth has a care coordinator through Aetna or their local care management entity
- Your care coordinator can help you access this service and connect you with a respite provider

Who Can Be a Behavioral Respite Provider?

Respite may be provided by agency staff or other qualified individuals (like neighbors, close friends, or relatives) who meet requirements such as:

- Are not the parent or guardian
- Do not live in the same home as the youth
- Are willing to complete First Aid certification
- Can pass a background check and meet Medicaid provider requirements

? Where can I get help or more information on OhioRISE?

To learn more about OhioRISE, including OhioRISE program services:



Visit: managedcare.medicaid.ohio.gov/OhioRISE or AetnaBetterHealth.com/OhioRISE



Email Aetna OhioRISE: ohrise-network-BHR@aetna.com



Call OhioRISE Member Services at **833-711-0773 (TTY: 711)** Monday through Friday from 7 a.m. to 8 p.m.

