



Empowering Youth and Families Through Voice and Choice

Your Voice Matters • Your Choices Matter • OhioRISE is here to support you

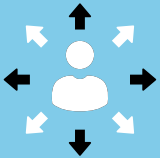
OhioRISE is committed to making sure children, youth, and their families are active partners in their behavioral healthcare. When children and youth are fully involved in important decisions about their care, they feel heard and respected.

What is Voice and Choice?



Voice and Choice means families and young people have a real say in their care. Their opinions guide every step of planning and coordination. The support team works with them to offer options that fit their values and preferences.

Why Voice and Choice are Central to Children and Youth's Behavioral Health



INCREASES ENGAGEMENT AND FOLLOW-THROUGH: When youth help make important decisions about their care, they want to be more active in planning and are more consistent after treatment.



BUILDS TRUST AND STRENGTHENS RELATIONSHIPS: Using voice and choice fosters trust and open communication with care coordinators, creating a safe space for healing and growth.



SUPPORTS TAILORED, STRENGTHS-BASED CARE: Care plans that focus on a youth's strengths, culture, and preferences sets more meaningful goals and align with the family's values.



DELIVERS BETTER OUTCOMES: Research shows that care guided by children, youth, and their families leads to a better program experience and meets their most important needs.



CULTIVATES EMPOWERMENT AND RESILIENCE: Actively helping to shape their care plans teaches youth to represent themselves and have a greater sense of control over their future.

How Does OhioRISE Integrate Voice and Choice?

In OhioRISE, the Principles of Voice and Choice are Built into Every Role



Care Coordinators

Help youth and family clearly voice their wants and needs.



Child and Family Teams (CFTs)

Make sure youth and family are involved in every decision made about their care.



CANS Assessments

Gather youth and family's strengths and needs to guide the entire care process.



Flexible Services

Responds to specific service needs of the youth and family.



Where can I get help or more information on OhioRISE?

To learn more about OhioRISE, including the OhioRISE program services:



Visit managedcare.medicaid.ohio.gov/OhioRISE or AetnaBetterHealth.com/OhioRISE.



Call OhioRISE Member Services at **833-711-0773 (TTY: 711)** Monday through Friday from 7a.m. to 8 p.m.