

CPC Best Practice Sharing: School-Based Health Care

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Welcome and Agenda

- **Overview of Ohio School-Based Health Care**
- **Primary Health Solutions**

Overview

Ohio School-Based Health Care seeks to ...

Create an accessible, connected community of caring adults around each student to keep them in class and learning

Each student is supported by teachers and admin so health issues do not interfere with learning

More students can be treated by existing school clinicians in a more efficient manner



Families have a convenient, consistent way for their student to receive needed care and maximize their class time

Each student can have greater access to external clinicians and therefore increased efficacy of treatment

Statewide focus on school-based health care

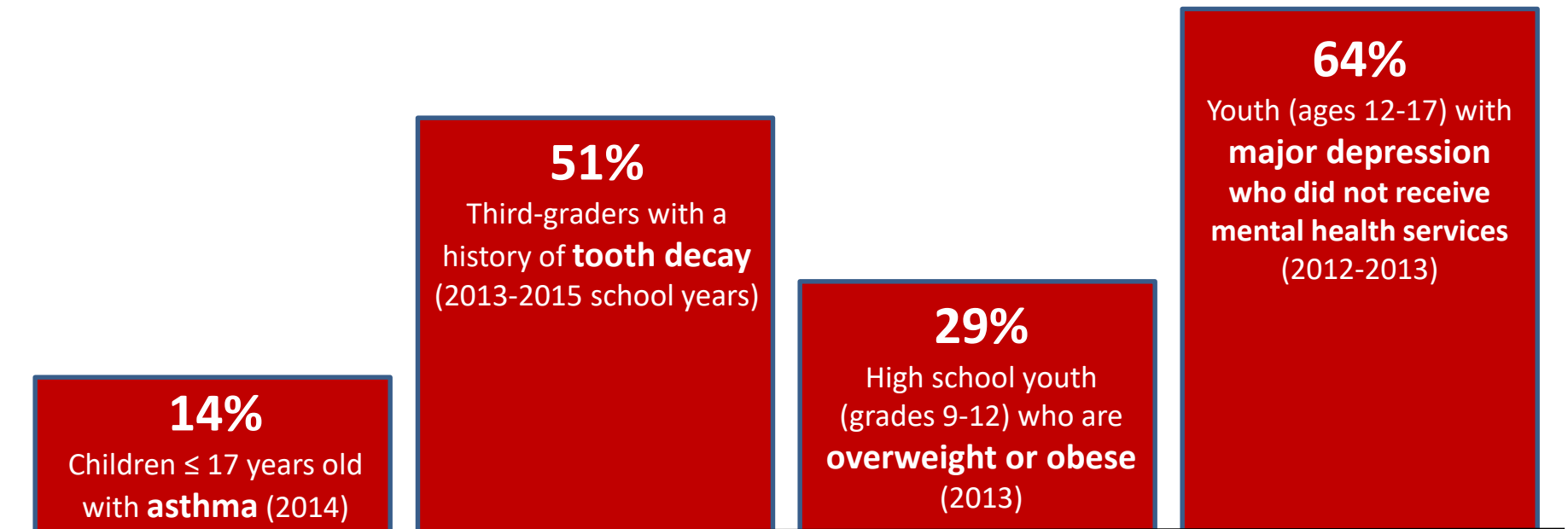
State agencies have a shared mission to expand school-based health to improve student health and academic outcomes

- Increase access to quality health care
- Reduce the rate of chronic absenteeism
- Increase classroom engagement
- Higher graduation and lower dropout rates



Common health issues in school-aged children

School-aged children in Ohio struggle with many common health conditions that lead to academic issues¹



Students with persistent health issues have a higher probability of school failure, lower grade retention and higher dropout rates.²

1. Health Policy Institute of Ohio, *Connections between Education and Health No.2: Health Services in Schools* (July 2017)
2. School Psychology International, *The relationship between student health and academic performance: Implications for school psychologists* (March 2015).

A range of possible services

School-based health care can include a range of possible services

Primary Care

- Annual and sports physicals
- TB testing
- Hearing and vision screening
- Management of chronic conditions (e.g., asthma)
- Immunizations and lab tests
- Reproductive health services
- Over-the-counter medications and prescriptions
- Referrals to outside services

Oral Health

- Screenings
- Fluoride varnish
- Sealants
- Dental cleanings
- Oral health education
- Referrals to treatment, specialty services off-site
- Basic restorative services

Mental Health

- Alcohol and substance abuse counseling
- Mental health awareness and outreach, including suicide prevention
- Screening for depression
- Individual, group, and family therapy
- Crisis intervention
- Clinical and behavioral case management

Other Services

- Health promotion and risk reduction
- Nutrition and physical activity promotion
- HIV/AIDS and STI prevention education
- Peer health education and youth advisory boards
- Parent education programs

School-based health is *not* one-size-fits-all. Many school-based health efforts are housed on-site within renovated rooms or an adjoining building, while others are housed off-site and linked to providers through their facilities or a mobile clinic.

Ohio is working to provide **two tiers of support** to schools who are interested in pursuing school-based health care partnerships.

1

Any school and care provider that wants to form a SBHC partnership will have access to a **support toolkit** that helps answer the most difficult questions in startup and implementation.



2

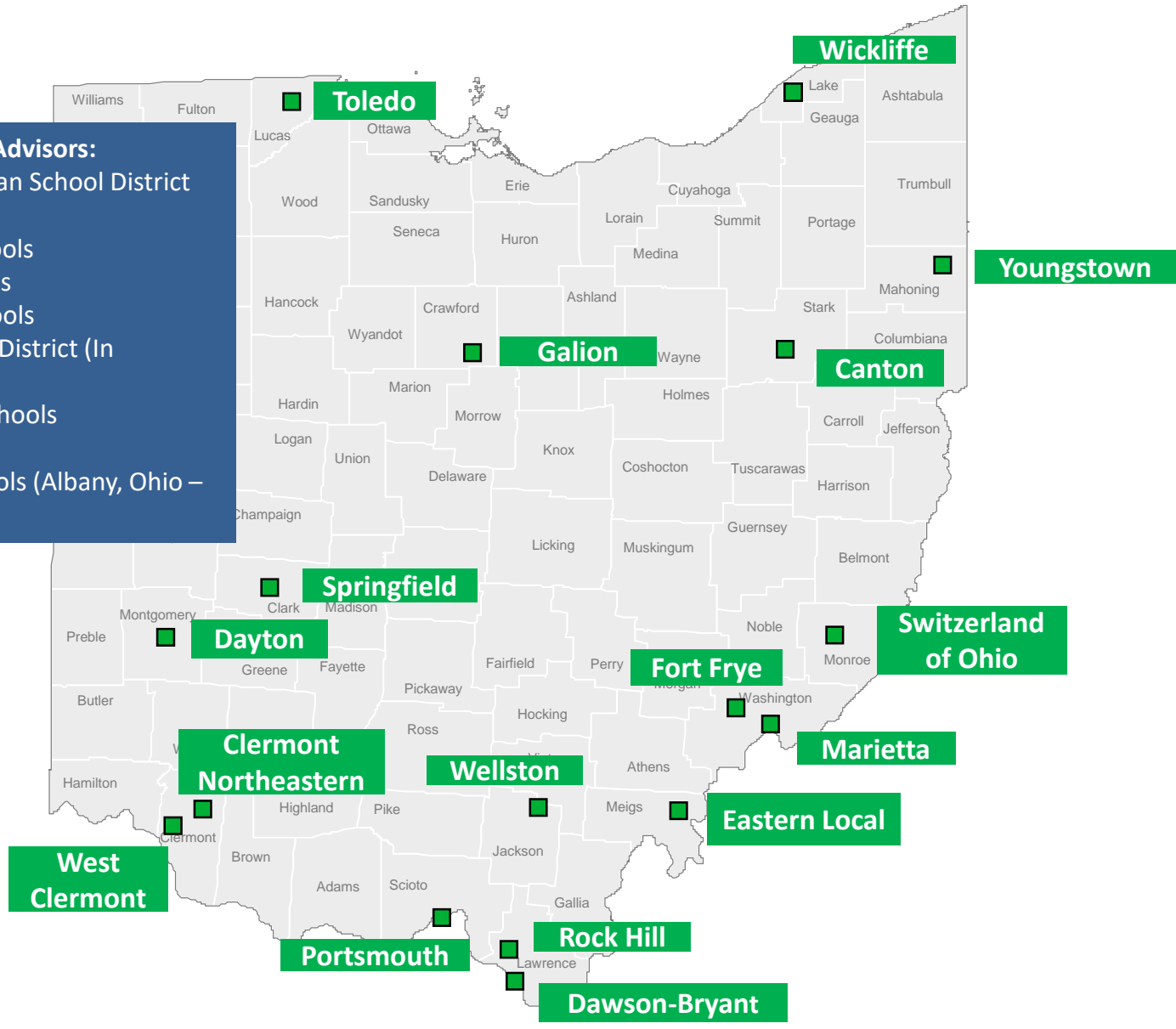
Schools identified as having the greatest need will also receive additional technical support in addition to the school support toolkit. These schools will form the **School-Based Health Care Network**.

School-Based Health Care Support Toolkit

KEY QUESTIONS	MATERIAL
What is school-based health care and how can I use this toolkit?	<ul style="list-style-type: none"> » Vision for Ohio School-Based Health Care
How do we get started?	<ul style="list-style-type: none"> » Assessing community-specific issues and resources (FOR SCHOOLS) » Plan for engaging and partnering with the provider community (FOR SCHOOLS) » Principal design questions around building a care delivery model » Plan for engaging families, teachers and the broader community » Sample A: Need Assessments » Sample B: Outreach Materials
How do we operationalize our partnership?	<ul style="list-style-type: none"> » How key roles are defined and how they interact with one another » Information on data sharing between parties » Information on day-to-day logistics for working within a school (e.g. assimilating within the community, facility planning, safety and security) (FOR PROVIDERS) » State of Ohio consent form and service agreement templates » Sample A: Resource Coordinator Job Descriptions » Sample B: Floor Plans
How can we ensure a sustainable model?	<ul style="list-style-type: none"> » Working with and eligibility for potential support resources (e.g. possible Federal/state resources, applying for grants, partnering with local organizations) » Best practices for grant writing » Difference in billing between the Medicaid Schools Program and school-based health care (FOR PROVIDERS)
How do we measure success?	<ul style="list-style-type: none"> » Putting in place a performance measurement and continuous improvement plan » Sample A: Assessment surveys of process effectiveness
Resources for reference	<ul style="list-style-type: none"> » National examples of school-based health models and their outcomes » Further detail on the Medicaid Schools Program » Case studies on school-based health care in Ohio » Guidance and case studies from the Ohio Association of School Nurses » Data on school-based health care's effect on health and academic outcomes » Information on Ohio FQHCs » Ohio Affiliate of National School-Based Health Alliance (links to an external site) » Guidelines on cultural competence (links to an external site) » Glossary of key terms » School-based health guidance from Voices from Ohio's Children

Ohio School Based Health Care Network includes 17 districts total (encompassing 71 schools)
This could impact 33K+ students, including 19K+ Medicaid enrolled students

SBHC Network Peer Advisors:
Cleveland Metropolitan School District
Lima City Schools
Manchester City Schools
Columbus City Schools
Cincinnati Public Schools
Hamilton City School District (In Hamilton, Ohio)
Wheelersburg City Schools (Wheelersburg, Ohio)
Alexander Local Schools (Albany, Ohio – Athens County)



Overview of MSP vs. School-Based Health Care

Medicaid Schools Program

School-based health care

What is it?

Benefit which covers medically necessary services, certain administrative activities, and specialized transportation to eligible students ages 3 to 21 years

Model to connect students with external health providers to increase access to quality health care through the education setting

Who can be served?

Services are furnished as part of the student approved Individualized Education Plan (IEP), which affords the student the provision of Medicaid covered services while in the school setting

Services are available for all students no matter their insurance type or whether or not they have an IEP

Can any school participate?

School types able to serve as an MSP are limited to local education agencies, city school districts, local school districts, exempted village school districts, community schools, and the state schools for the blind, and deaf

Any school/district can provide any range of school-based health supports, including primary care, mental health, vision, dental, health education, etc.

Four things to take away ...

- 1. Many schools are confident** they can come together with their provider community to offer outstanding health care to students – their main concern is funding the operation.
- 2. We can connect your organization** to the districts and schools where there is a tremendous level of need and the community is excited to build or augment a program.
- 3. Your support can be transformative** in improving health access, health outcomes and academic outcomes for students across Ohio.
- 4. Participation in Ohio CPC** may support a practice's involvement in school-based health care.

Primary Health Solutions



SCHOOL-BASED HEALTH CENTER: HAMILTON CITY SCHOOLS

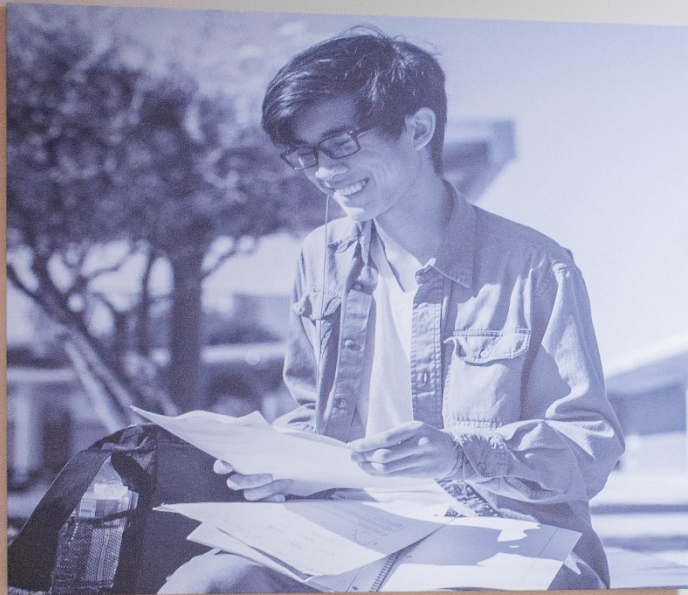




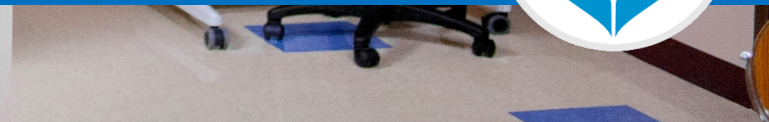
 **OneSight**
Vision Center
Hamilton School Based Health Center

SCHOOL-BASED HEALTH CENTER: HAMILTON CITY SCHOOLS





SCHOOL-BASED HEALTH CENTER: HAMILTON CITY SCHOOLS





SCHOOL-BASED HEALTH CENTER: FAIRFIELD CITY SCHOOLS





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SCHOOL-BASED HEALTH CENTER: FAIRFIELD CITY SCHOOLS



SEE BETTER. LEARN BETTER.



SCHOOL-BASED HEALTH CENTER: FAIRFIELD CITY SCHOOLS





SCHOOL-BASED HEALTH CENTER: MIDDLETOWN CITY SCHOOLS





SCHOOL-BASED HEALTH CENTER: EDGEWOOD CITY SCHOOLS





SCHOOL-LINKED SERVICES: TALAWANDA LOCAL SCHOOLS





SCHOOL-LINKED SERVICES: MADISON LOCAL SCHOOLS





SCHOOL-LINKED SERVICES: NEW MIAMI LOCAL SCHOOLS





SCHOOL-LINKED SERVICES: BUTLER COUNTY EDUCATIONAL SERVICE CENTER





SCHOOL-BASED HEALTH CENTERS: MOBILE DENTAL UNIT



Keys to Success

Focus on sustainability early – Provider team and productivity

Patient-Centered Medical Home – Year round access

Community Focused – Outside entrance for community access

Hub and Spoke Model – Maximize efficiency of students in SBHC

**Consent Rates – Consistent and Innovative engagement with staff and students
Reciprocity agreement in Butler County**



INTERACTION WITH PRIVATE PRACTICE PROVIDERS

Focus on why the need for the SBHC– Payer mix and unmet need

Focus on barriers to care – Transportation and access challenges for underserved families

Embrace collaboration – Allow students to remain with PCP and coordinate care when necessary

Use data to show the need and that our goal is not to steal their current patients that are accessing care, but to meet the unmet need of students that are slipping through the cracks



QUESTIONS?

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SCHOOL-BASED HEALTH CENTERS: PRIMARY HEALTH SOLUTIONS



Next Steps

Key Upcoming Dates

Best practice-sharing webinars will be held on the following dates:

- August 30: Trauma-informed care
- September 27: TBD
- October 25: TBD

If your practice uses a trauma-informed care strategy and is interested in sharing this with other CPC practices in the August 30th webinar, please reach out to Mylynda Drake. (Mylynda.Drake@medicaid.ohio.gov)

Monthly practice webinars will be held on the following dates:

- August 8: Total cost of care shared saving methodology review
- August 22: Ohio CPC 2020 enrollment webinar
- November 14: Review of 2018 Ohio CPC outcomes
- December 19: Ohio CPC 2020 introductory webinar

Invitations have been sent out for the 2019 in-person learning sessions

- Hospital systems: July 16, 12:45-4:15p at Westerville Library
- Independent practices: July 30, 1:30-4:30p at Grove City Library
- FQHCs: August 9, 1:30-4:30p at Grove City Library

Questions?