



Commission on Minority Health

Good Health Begins With You! ®

Minority Health Month
2024
Calendar of Events

**A 30-Day Statewide Wellness Campaign
“Achieving Equity in Birth Outcomes”**

“APRIL IS MINORITY HEALTH MONTH”

JOIN US FOR OUR 2024 STATEWIDE MINORITY HEALTH
MONTH KICKOFF AND AWARDS PROGRAM ON 3/26/24
AT 9:00 AM

REGISTER AT: <https://millsjames.swoogo.com/ocmh>

MINORITY HEALTH MONTH

BACKGROUND:

Minority Health Month (MHM) was created in Ohio in April 1989. The first celebration featured community-initiated events. We were elated, since our goal was for one event to be conducted each day throughout Ohio. Minority Health Month was designed to be a 30-day inclusive, high visibility, wellness campaign.

The five goals established for the month, from inception, remain valid today.

Our goals are to:

- Provide crucial information to allow individuals to practice disease prevention;
- Promote healthy lifestyles;
- Showcase the providers of grassroots healthcare resources and information;
- Highlight the disparate health conditions between Ohio’s minority and non-minority populations; and
- Gain additional support for on-going efforts to improve minority health year round.

In 2000, MHM became a national celebration. In 2005, the National Association of State Offices of Minority Health was created with a vision to provide leadership in transforming the health of racial and ethnic minority communities, tribal organizations, and nations.

In April, we will join our fellow State Offices of Minority Health in lifting up wellness and good health.

The creativity of these initiatives executed by community-based agencies and organizations has been extraordinary.

We applaud our many partners for their continued commitment to improving the health status of communities across Ohio.

This month-long wellness campaign focuses on health promotion and disease prevention among minority populations.



In the Name and by the Authority of
THE STATE OF
OHIO



WHEREAS, each year, Minority Health Month helps bring attention to important issues affecting Ohio's diverse communities; and

WHEREAS, in Ohio, Minority Health Month was first observed in 1989 and offered a 30-day wellness campaign; and

WHEREAS, Minority Health Month is driven by five original goals: to provide crucial information on disease prevention; to promote healthy lifestyles; to showcase the providers of grassroots health care resources; to highlight disparate health conditions; and to gain support for efforts to improve minority health year-around; and

WHEREAS, the theme for Minority Health Month 2024, "Achieving Equity in Birth Outcomes," is being observed throughout the state; and

WHEREAS, to support the well-being of its citizens, Ohio places an emphasis on providing early childhood development and support, protecting vulnerable children from toxic lead exposure, improving maternal health, encouraging family connectedness, and reducing infant mortality; and

WHEREAS, to address the crisis of unintentional drug overdoses, which disproportionately takes the lives of African American men, the state's RecoveryOhio initiative unites a host of resources to save lives and encourage treatment and recovery; and

NOW, THEREFORE, We, Mike DeWine and Jon Husted, Governor and Lieutenant Governor of the State of Ohio, do hereby recognize

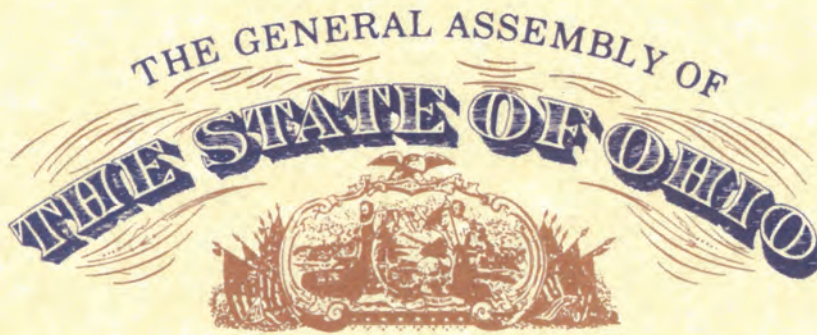
MINORITY HEALTH MONTH

on this 1st day of April 2024.

Mike DeWine
Governor



Jon Husted
Lieutenant Governor



SENATORIAL CITATION
on behalf of
STATE SENATOR HEARCEL F. CRAIG

to recognize

THE OHIO COMMISSION ON MINORITY HEALTH



As a member of the Senate of the 135th General Assembly of Ohio, I take great pride in extending my commendation to the Ohio Commission on Minority Health for their remarkable 37 years of steadfast commitment to addressing health disparities among racial and ethnic populations across the State of Ohio.

The Minority Health Commission has proved their commitment to addressing the unique health challenges faced by minority communities. Their relentless efforts to advance health equity have played a pivotal role in fostering awareness, advocating for policy changes, and implementing targeted health initiatives. Notably, the observance of Minority Health Month stands out as a vital annual campaign that underscores the significance of prioritizing the well-being of minority populations. This month-long initiative serves as a platform to raise awareness about health disparities, encourage preventative measures, and celebrate the rich cultural contributions to healthcare. By shining a spotlight on the health needs of minority communities, the Commission on Minority Health exemplifies how focused efforts can yield tangible improvements in health outcomes, contributing to a more inclusive and equitable healthcare landscape for all.

Thus, it is with sincere pleasure that I extend my congratulations to The Commission on Minority Health on the occasion of its 37th anniversary. Your commendable work is truly deserving of recognition, and I celebrate this momentous occasion alongside you.



A handwritten signature in blue ink that reads "Hearcel F. Craig".

HEARCEL F. CRAIG
ASSISTANT MINORITY LEADER
15th SENATE DISTRICT

THE GENERAL ASSEMBLY OF
THE STATE OF OHIO



HOUSE OF REPRESENTATIVES

UNDER THE SPONSORSHIP OF

REPRESENTATIVES C. ALLISON RUSSO
DONTAVIUS L. JARRELLS - TERENCE UPCHURCH

On behalf of the members of the House of Representatives of the 135th General Assembly of Ohio, we are pleased to pay tribute to the

OHIO COMMISSION ON MINORITY HEALTH

on its observance of Minority Health Month in Ohio, April 2024.

Ohio is beautiful and strong because of its diverse and distinct communities, and encouraging the health and well-being of our minority population is paramount to the success of our state. Too often, these communities are overlooked and undervalued, but through collective action and efforts from organizations like the Ohio Commission on Minority Health, which was created in 1987, we can help care for and protect our residents by addressing health disparities.

The success of Minority Health Month in Ohio can be attributed to the countless citizens who have been involved with advancing the mission of this occasion, and they are to be commended for their tremendous advocacy. These fine individuals, including the conscientious people who comprise the Ohio Commission on Minority Health, have made a positive impact on our state, and we applaud their endeavors during Minority Health Month.

Thus, we recognize the Ohio Commission on Minority Health during Minority Health Month in Ohio and salute all who are contributing to its important mission.

C. ALLISON RUSSO
REPRESENTATIVE
HOUSE DISTRICT 7



JASON STEPHENS
SPEAKER
OHIO HOUSE OF REPRESENTATIVES

DONTAVIUS L. JARRELLS
REPRESENTATIVE
HOUSE DISTRICT 1

TERRENCE UPCHURCH
REPRESENTATIVE
HOUSE DISTRICT 20



UNDER THE SPONSORSHIP OF THE OHIO LEGISLATIVE BLACK CAUCUS

We are pleased to congratulate the

OHIO COMMISSION ON MINORITY HEALTH

on the memorable occasion of its Thirty-seventh Anniversary.

This is an important milestone, and it provides an ideal time to acknowledge the exceptional work done by the Ohio Commission on Minority Health. Since its establishment, the agency has striven to eliminate disparities in minority health through innovative programs, public health promotion, legislative action, public policy, and systems change, and its impressive contributions to the community readily explain why it is so widely held in high esteem.

All those associated with the Ohio Commission on Minority Health have demonstrated commendable civic concern and insight through their efforts to make our world a better place in which to live. The accomplishments of the commission are a justifiable source of pride and an outstanding reflection not only on the institution itself but also on its astute management and dedicated staff, for these individuals have distinguished themselves as conscientious and hard-working Ohioans.

Thus, it is with sincere satisfaction that we salute the Ohio Commission on Minority Health on its Thirtieth Anniversary and extend best wishes for ongoing success.

President
Rep. Terrence Upchurch
House District 20

Secretary
Rep. Latyna M. Humphrey
House District 2

Rep. Munira Abdullahi
House District 9

Rep. Juanita Brent
House District 22

1st Vice President
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Senator Vernon Sykes
Senate District 28

Rep. Darnell Brewer
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Rep. Willis Blackshear
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House District 1

Rep. Ismail Mohamed
House District 3

Rep. Phil Robinson
House District 19

Rep. Elgin Rogers
House District 44



Reimagining Health Care

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Happy Minority Health Month!

Good Health Begins with You![®]

March 26, 2024

Official OCMH State of Ohio Minority Health Month Virtual Kick-Off and Awards Ceremony

9:00 AM - 10:30 AM

This virtual kickoff to Minority Health Month 2024 features Erica Crawley, Franklin County Commissioner and former State Representative as our keynote speaker, Tracy Townsend of 10TV News as our Mistress of Ceremonies, and Tonni Oberly, PhD, of Health Policy Institute of Ohio as the Moderator of the Health Equity Panel Discussion.

10:35 AM -11:45 AM

Achieving Equity in Birth Outcomes Panel Discussion with key leaders across the state.

This event is virtual. Please find the link to the agency website below. Contact the agency for additional information.

Sponsored By:

Ohio Commission on Minority Health
(614) 466-4000
<https://www.mih.ohio.gov>

April 2, 2024

Depression, Diabetes, and Health Disease

6:30 PM—8:30 PM

This workshop will examine the correlation between depression, diabetes, and heart disease. The workshop will explore new research that can assist those battling depression and take steps to reduce risks of diabetes and heart disease.

Hosted By:

American Fitness Health and Wellness Institute
2023 Springboro West
Dayton, OH 45439
(937) 985-9035

Sponsored By:

American Fitness Health and Wellness Institute
Dr. Jeanette Robinson
afhwi@live.com
(937) 985-9035

April 4, 2024

Older Adult Minority Health Fair

11:00 AM—3:00 PM

This is a health fair for older adults. The event will include vendors, dissemination of health information and resources. There will be blood pressure and Lupus screenings as well as health related activities and opportunities for prizes to foster a fun learning environment.

Hosted By:

Premier Health YMCA
2222 Philadelphia Drive
Dayton, OH 45406
(937) 223-5201

Sponsored By:

UMADAOP of Dayton
Dr. Marketa Robinson, Ph.D.
mrobinson.umadaop@yahoo.com
(937) 276-2176 Ext: 12

April 4, 2024

Healthy Minds, Healthy Bodies, and Healthy Hearts

12:00 PM- 3:00 PM

This event aims to provide general information about good health and preventative medicine. We will have a key focus on interactive activities for youth. We will also offer free screenings and assessments.

Hosted By:

Sandusky Rec. Center
1918 Mills Street
Sandusky, OH 44870
(419) 239-3285

Sponsored By:

Erie County Minority Health Task Force
Tory Yarbrow
tyarbrocca@gmail.com
(419) 239-3285

April 5, 2024

The Continued Pursuit of Equity in Black and Brown Communities

10:00 AM—1:00 PM

The Local Office on Minority Health is hosting a community forum on the importance of establishing a collective health agenda in the African American and Latinx communities, to improve health outcomes and the quality of life. The event will feature presentations and panel discussions from local health equity professionals and policymakers on the importance of allyship between these two communities.

Hosted By:

Jerry Sue Thornton Center
2500 East 22nd Street
Cleveland, OH 44115
(216) 987-4999

Sponsored By:

Cleveland Department of Public Health
Raafeeq Ali
rali@clevelandohio.gov
(216) 664-4925

April 6, 2024

MHM 2024 Panel Discussion

10:00 AM—1:00 PM

A panel discussion providing data and updates focused on the Social Determinants of health, racism, and inequality.

Hosted By:

Office of Minority Health at Columbus Public Health
240 Parsons Avenue
Columbus, OH 43215
(614) 645-7335

Sponsored By:

Office of Minority Health at Columbus Public Health
Ryan E. Johnson, MPH
rejohnson@columbus.gov
(614) 645-7335

April 6, 2024

Community Wellness Event

10:00 AM—1:00 PM

A community event that will bring health education resources, and health screenings targeting minority men.

Hosted By:

Ahuja Medical Center
Community Room
3999 Richmond Road
Beachwood, OH 44122
(216) 293-8226

Sponsored By:

Lupus Foundation of America, Greater Ohio Chapter
Suzanne Tierney
Suzanne@lupusgreaterohio.org
(216) 440-7170 Ext. 183

April 6, 2024

Cooking With Care

1:00 PM—3:00 PM

The cooking demonstration will provide nutrition education and guidance on how to use food items that are commonly found at produce markets or food banks. This cooking demonstration will be led by a registered dietitian.

Hosted By:

Whitehall Library
4445 E. Broad Street
Columbus, OH 43213
(614) 645-2275

Sponsored By:

Franklin County Public Health
Kevida Bowry
kevidabowry@franklincountyohio.gov
(614) 578-1446

April 6, 2024

Cooking With Heart: A healthy diet for a healthy heart

11:00 AM—1:00 PM

This class focuses on heart-healthy ingredients, cooking techniques, and nutrition principles to foster a balanced and nourishing diet. Participants will learn how to prepare flavorful dishes that not only tantalize the taste buds, but also contribute to overall heart health.

Hosted By:

Lorain Public Library
351 W. 6th Street
Lorain, OH 44052
(440) 834-2490

Sponsored By:

Pathways Enrichment Center
Norva Ross
norvaross@gmail.com
(440) 225-7074

Note: The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events.

April 6, 2024

“Healthy You”

2:00 PM—4:00 PM

The Toledo Office on Minority Health will provide a fun and safe event for individuals of all ages to engage in yoga presentations/ demos. This event is located on the TARTA bus line. In addition to yoga, we will be sharing community resources related to disparities that people of color are experiencing in Toledo-Lucas County. We will provide information and resources on HBP, Diabetes, Heart Disease, Cancer and COVID-19.

Hosted By:

Mott Branch Library
1010 Dorr Street
Toledo, OH 43607
(419) 259-5230

Sponsored By:

Toledo Office on Minority Health
Cheyenne Nawrot
cnawrot@co.lucas.oh.us
(419) 213-2882

April 6, 2024

**“Stop the Violence, Start the Healing”
5K Walk/Run**

11:00 AM—12:00 PM –Sidewalk Health Fair

12:00 PM—2:00 PM—5K Walk/Run

The Purpose of the “Stop the Violence, Start the Healing” 5K Walk/Run is to address the issue of minority deaths due to violent crimes, as a minority health disparity and to encourage community health by providing access to local health agencies and resources. This year’s 5K will feature a sidewalk health fair, memorial balloon release as well as community guest speakers.

Hosted By:

City of Steubenville
Municipal Building
(5K start/end point)
113 South 3rd Street
Steubenville, OH 43952
(740) 282-8010

Sponsored By:

Urban Mission Ministries, Inc.
Cynthia Lytle
clytle@urbanmission.org
(740) 282-8010



April 7, 2024

Feria de la Salud—Community Health Fair

10:00 AM—2:00 PM

This event in collaboration with ProMedica and Mercy Hospital will offer free blood pressure, blood sugar and cholesterol screenings. Staff members will educate participants on detecting the signs of diabetes, high blood pressure and cholesterol.

Hosted By:

SAINT PETER AND PAUL CHURCH
738 SAINT CLAIR STREET
TOLEDO, OH 43609
(419) 241-5822

Sponsored By:

Nuestra Gente Community Projects, Inc.
Linda Parra
lindaparra@nuestragentecommunityprojects.org
(419) 263-0581

April 9, 2024

Vegan, Vegetarian vs. USDA Guidelines for Americans

6:30 PM—8:00 PM

Learn the benefits of increasing dietary consumption of a vegetarian diet (NIH). Compare and gain knowledge on the differences between plant-based, vegetarian options, and the USDA’s “Dietary Guidelines for Americans” (2020-2025).

Hosted and Sponsored By:

American Fitness Health and Wellness Institute
2023 Springboro West
Dayton, OH 45439
(937) 985-9035
Ms. Cindy Willis
abundantseason@live.com

April 11, 2024

Imagining Community Symposium: Health & Environmental Justice: Birthing Justice Film

4:15 PM—6:45 PM

In observance of Minority Health Month and Black Maternal Health Week, there will be a screening of the film Birthing Justice which will highlight the experiences and challenges black women and their families face and how our community can create change.

Hosted By:

Dayton Arcade
35 W. 4th Street
Dayton, OH 45402
(937) 225-4962

Sponsored By:

Public Health—Dayton & Montgomery County
Jasmine Young
jlyoung@phdmc.org
(937) 225-4962

April 11, 2024

Stark County Minority Month Kickoff Event / Round Table Discussion

6:00 PM

The Greater Stark County Urban League will host a kickoff event with a national guest speaker to discuss health disparities.

Hosted By:

Centennial Plaza
330 Court Avenue NW
Canton, OH 44702
(330) 366-9800

Sponsored By:

The Greater Stark County Urban League
Lily Mack
lmack@starkurbanleague.org
(330) 331-6045

April 11, 2024

Black Motherhood: Tackling Postpartum Health

11:00 AM—2:00 PM

The Toledo Office on Minority Health, in collaboration with Mercy Health will hold an event focused on postpartum mental health for African American/Black Mothers. Information will be provided on breastfeeding, and self-care during/after pregnancy, and mental health will be provided. Local resources such as Healthy Start, Cribs 4 kids, and Getting To 1 will also attend. This event is located on the TARTA bus line.

Hosted By:

Kent Branch Library
3101 Collingwood Blvd.
Toledo, OH 43610
(419) 289-5340

Sponsored By:

Toledo Office on Minority Health
Cheyenne Nawrot
cnawrot@co.lucas.oh.us
(419) 213-2882

April 11, 2024

MHM Community Event

11:00 AM—2:00 PM

Our goal is to engage our community with resources and provided the support of our healthcare providers. We will be offering non-invasive screenings for blood pressure checks and BMI measurements.

Hosted By:

UMADAOP of Dayton
1 Elizabeth Place
Dayton, OH 45417
(937) 276-2176

Sponsored By:

Ida Carson Ministries
Ida Carson
(937) 307-8898
idacarsonministries@gmail.com

Note: The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events.

April 12, 2024

Hoops For Health Basketball Tournament and Substance Abuse Expo

4:00 PM—8:00 PM
During the “Hoops For Health Basketball Tournament and Substance Abuse Expo” health professionals will provide accurate information on the relationship between physical activity, substance abuse prevention and mental health and wellness.

Hosted By:
Edward Peel Coleman Community Center
1400 Sherrick Road SE
Canton, OH 44704
(330) 489-3350

Sponsored By:
The Greater Stark County Urban League
Lily Mack
lmack@starkurbanleague.org
(330) 331-6045

April 12, 2024

Colorful Choices, Healthy Lives

10:30 AM—2:30 PM
Murtis Taylor and 25 of its health services providers will work in collaboration to educate and demonstrate good healthy lifestyle choices through food and exercise. Participants will learn about diabetes and its effects on the body. Resources will be distributed and subject matter expert representatives will be available to answer questions and assist participants with navigating next steps.

Hosted By:
Murtis Taylor Human Services System/Wellness and Family Resource Center
13411 Union Avenue
Cleveland, OH 44120

Sponsored By:
Murtis Taylor Human Services System
Heather Brissett
hbrissett@murtistaylor.org
(216) 283-4400 Ext. 2355

April 12, 2024

Dance for Life Workshop

6:00 PM—9:00 PM
The DFL Workshop was created to engage participants in various dance styles as a form of exercise and will interchange between dance sessions and health-centered discussions. The workshop will feature a hybrid option that will enable virtual participation and will provide information on diabetes.

Hosted By:
Martin Luther King Recreational Center
905 Market Street
Stuebenville, OH 43952
(740) 283-6000

Sponsored By:
Urban Mission Ministries, Inc.
Cynthia Lytle - clytle@urbanmission.org
(740) 282-8010

Hybrid Option:
<https://www.facebook.com/share/c6JuLy4ZA16wuHxc/?mibextid=9l3rBW>

April 13, 2024

Minority Health Fair 2024

11:00 PM—2:00 PM
The Summit County Local Office on Minority Health will host a health fair to help promote health, education, and awareness to minority populations in Summit County. Direct referrals to health services, education and community resources will be provided.

Hosted By:
Akron Children's Museum
216 S. Main Street
Akron, OH 44308
(330) 396-6103

Sponsored By:
Summit County Public Health
De'Maria Thompson
dthompson@schd.org
(330) 926.5754

April 13, 2024

City Wide Baby Shower

11:00 AM—2:00 PM
Local community agencies will provide community participants with safe baby items and educate new and expectant mothers on stress release techniques.

Hosted By:
The Eugenia Atkinson Recreation Center
903 Otis Street
Youngstown, Ohio 44510
(330) 742-8294

Sponsored By:
Youngstown Local Office on Minority Health
Golie Stennis
gstennis@youngstownohio.gov
(330) 742-8294

April 13, 2024

BCCO Annual Wellness Fair 2024

10:00 AM—3:00 PM
The Bhutanese Community of Central Ohio annually hosts a Health and Wellness event every April, coinciding with Minority Health Month. This event attracts participants from a wide range of organizations serving minority and refugee populations in Central Ohio. The event is open to all communities and age groups. The event features diverse health and wellness education sessions and offers basic healthcare services. Primarily, it serves as a crucial link between service providers and the community.

Hosted By:
Archana Intl. Grocery
7657 E. Main Street
Reynoldsburg, OH 43068
(614) 804-2240

Sponsored By:
Bhutanese Community of Central Ohio
Sudarshan Pyakurel
(614) 396-8965
spyakurel@bccoh.org

April 13, 2024

Sweet Heart: The Education and Prevention of Cardiovascular Disease

11:00 AM—1:00 PM
This event will be presented by cardiovascular and diabetes physicians. They will discuss the signs and symptoms of cardiovascular disease prevention methods, and preparing the a heart healthy diet.

Hosted By:
Lorain County Community College
1005 Abbe Road N.
Elyria, OH 44035
(440) 834-2490

Sponsored By:
Pathways Enrichment Center
Norva Ross
norvaross@gmail.com
(440) 225-7074

April 13, 2024

Second Chances: Reuniting Fathers and Children for a Violence-Free Future

12:00 PM—1:30 PM
The violence prevention workshop uses an evidence based curriculum offered by the Public Health of Dayton and Montgomery County. The speaker will cover the following topics: de-escalation and anger management, conflict resolution, and mindfulness.

Hosted By:
Day Air Ballpark
220 North Patterson Blvd
Parking Lot A
Dayton, OH 45402
(937) 228-2287
(937) 228-2284—Fax

Sponsored By:
Felons With A Future
Greg West
felonswithafuture@gmail.com
(937) 270-3731

April 13, 2024

Men's Health Breakfast

9:00 AM—12:00 PM
The Men's Health Breakfast serves as a precursor for the annual MHM Men's Free Prostate Screening and is designed to encourage and promote healthier eating habits among minority males. This event will feature special guest speakers who will facilitate discussions addressing prostate health and other health disparities affecting minority men.

Hosted By:
Mt. Carmel Community Baptist Church
708 N. 5th Street
Stuebenville, OH 43952
(740) 282-8010

Sponsored By:
Urban Mission Ministries, Inc.
Cynthia Lytle
clytle@urbanmission.org
(740) 282-8010

April 13, 2024**Morning Stretch: An Introduction to Qigong**

11:00 AM—1:30 PM

Morning Stretch will feature a presentation and demonstration of Qigong, a practice used in traditional Chinese medicine to promote health and well-being. Qigong focuses on breathing, movement, and mindfulness as a strategy to promote overall wellness, reduce pain, and alleviate stress. Participants will learn about the history of Qigong and practice its basic techniques.

Hosted By:

Kovacic Center
6250 St. Clair Avenue
Cleveland, OH 44103
(216) 664-4140

Sponsored By:

Cleveland Department of Public Health
Raafeeq Ali
rali@clevelandohio.gov
(216) 664-4925

April 13, 2024**Birthing Justice Movie Screening:
A Panel Discussion and Community
Conversation**

12:00 PM—3:00 PM

The event will screen the movie Birthing Justice and follow up with a panel discussion/ community conversation related to maternal and infant mortality rates among minority and other vulnerable populations. We will have a panel of doulas, birth workers, and community advocates to discuss how we turn our outrage into action and tangible change.

Hosted By:

Kingdom of God Int'l Church
6055 Taylor Road
Columbus, OH 43230
(614) 740-9001

Sponsored By:

MOBiNurses, Inc.
Jatu Boikai
jatuboikai@gmail.com
(614) 483-2769

April 13, 2024**Minority Health Month: Continuing the
Conversation**

10:00 AM—12:00 PM

Dr. Curtis Kwodwo Williams II, BS, MSW, Ph.D. will speak about Minority Health Month with a focus on Substance Abuse and Violence. An interactive discussion with community members will follow.

Hosted By:

Skeels-Mathews Community Center
4378 Skeels Street
Ravenna, OH 44266
(330) 297-0192

Sponsored By:

Community Action Council of Portage County
Leah Schmidt
lschmidt@cacportage.net
(330) 297-1456 Ext. 229

April 14, 2024**Su Casa Hispanic Center Health Outreach**

12:00 PM—4:00 PM

Attend the Su Casa Hispanic Center Community Health Fair and learn how to make the best decisions for your health! The Health Fair includes workshops, fitness demonstrations, free health and wellness screenings along with educational information and resources on vaccines.

Hosted By:

St. Julie Billiard Parish/Fenmont Center
224 Dayton Street
Hamilton, OH 45011
(513) 863-1040

Sponsored By:

Catholic Charities Southwestern Ohio
Sara Obando
sobando@ccswoh.org
(513) 672-3727

April 14, 2024**Mama Wellness Day**

12:00 PM—3:00 PM

Mama Wellness Day is a special day for pregnant mamas to rest, relax, and repower. It will feature facials, massages, and self-care activities. Come relax and learn how powerful rest is for your baby!

Hosted By:

Crosby Conference Center at Toledo Botanical Garden
5403 Elmer Drive
Toledo, OH 43615
(419) 409-6079

Sponsored By:

Hospital Council of Northwest Ohio
(In collaboration with Queens Village Toledo)
Crystal Martin
cmartin@hcno.org
(419) 409-6079

April 15, 2024**Our Voices Matter**

3:30 PM—5:00 PM

Vision Board Workshop: This event will allow participants to create a Vision Board. A vision board can be a powerful tool for teens to achieve their goals and dreams, and to live a happier and more fulfilling life.

Hosted by:

Mott Library
1085 Dorr Street
Toledo, OH 43607
(419) 259-5230

Sponsored By:

Open Arms Transformation Living
Fonda J. Royster
oattoledo@gmail.com
(419) 269-7995

April 16, 2024**Our Voices Matter**

3:30 PM—5:00 PM

Teen Dating Workshop: This teen dating violence workshop aims to educate teens and young adults about healthy and unhealthy relationships, dating violence, and how to prevent it and how to seek help.

Hosted by:

Mott Library
1085 Dorr Street
Toledo, OH 43607
(419) 259-5230

Sponsored By:

Open Arms Transformation Living
Fonda J. Royster
oattoledo@gmail.com
(419) 269-7995

April 16, 2024**Minority Community Health Fair**

11:00 AM—3:00 PM

This carnival style health fair event will feature vendors, health information dissemination and resources, as well as blood pressure and Lupus screenings. There will be music, fun health related games and activities, and opportunities to win creating a fun learning environment.

Hosted By:

UMADAOP of Dayton
1 Elizabeth Place, Route 1
Dayton, OH 45417
(937) 276-2176

Sponsored By:

UMADAOP of Dayton
Dr. Marketa Robinson, Ph.D.
mrobinson.umadaop@yahoo.com
(937) 276-2176 Ext. 12

April 16, 2024**Living a Cancer Prevention Lifestyle**

6:30 PM—8:30 PM

This workshop will educate participants about cancer prevention and teach ways to live a healthier lifestyle and reduce your risks of certain cancers.

Hosted By:

American Fitness Health and Wellness Institute
2023 Springboro West
Dayton, OH 45439
(937) 985-9035

Sponsored By:

American Fitness Health and Wellness Institute
Dr. Jeanette Robinson
abundantseason@live.com
(937) 985-9035

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April 18, 2024**Cultural Humility Presentations-
African American & Asian**

2:00 PM—4:00 PM

This workshop is designed to engage the community in dialogue about the African American and Asian communities as it relates to cultural norms, beliefs, and the impact on health.

<https://us06web.zoom.us/j/86279927496?pwd=RbcQoe7ADWQU965Le236AtqmUcsc7u.1>

Sponsored By:
Office of Minority Health at Columbus Public Health
(614) 645-7335
Ryan E. Johnson, MPH
rejohnson@columbus.gov
(614) 645-7335

April 20, 2024**CARDIOFEST 2024**

Cardiofest Activities: 8:00 AM—12:30 PM

Cardiofest 2024 is a variety of festive cardiovascular activities and fitness screenings. During this event fitness presenters and health speakers will discuss wellness and educate participants on conditions such as cancer, obesity, heart disease, blood pressure, cholesterol, and diabetes.

Hosted By:
Meadow Brook Public Golf and Banquet Center
6001 Salem Avenue
Clayton, OH 45315
(937) 985-9035

Sponsored By:
American Fitness Health & Wellness Institute
Ms. Cindy Willis
Afhwi.fiscalprojectmgr@hotmail.com
(937) 985-9035

April 20, 2024**"Healthy You"**

11:00am—2:00pm

This event will be a fun and safe opportunity for individuals of all ages to engage in physical movement and learn about nutrition/health related resources. Information on health disparities that impact the minority population in Lucas County and health screenings for blood pressure and blood sugar will be provided as well. This event is located on the TARTA bus line.

Hosted By:
Wayman Palmer YMCA
2053 N. 14th
Toledo, OH 43620
(419) 241-7218

Sponsored By:
Toledo Office on Minority Health
Cheyenne Nawrot
cnawrot@co.lucas.oh.us
(419) 213-2882

April 21, 2024**Minority Health Month 2024—Caring for You**

10:00 AM—3:00 PM

This Caring for You event will provide screenings and education for the Asian community. The screenings will focus on glucose, blood pressure, EKG, mental health, smoking cessation, as well as COVID-19.

Hosted By:
1925 E. Dublin Granville Road
Suite 210
Columbus, OH 43229
(614) 396-8965

Sponsored By:
Bhutanese Community of Central Ohio
Sudarshan Pyakurel
(614) 396-8965
info@bccoh.org

and the

Ohio Asian American Health Coalition
Anh Thu Thai
ohioasianamericanhealthco@gmail.com
(614) 419-5751

April 21, 2024**Feria de la Salud—Community Health Fair**

10:00 AM—2:00 PM

This event in collaboration with ProMedica and Mercy Hospital will offer free blood pressure, blood sugar and cholesterol screenings. Staff members will educate participants on detecting the signs of diabetes, high blood pressure and cholesterol.

Hosted By:
Immaculate Conception Church
439 Eastern Avenue
Toledo, OH 43609
(419) 243-1829

Sponsored By:
Nuestra Gente Community Projects, Inc.
Linda Parra
lindaparra@nuestragentecommunityprojects.org
(419) 283-0581

April 23, 2024**Men's Free Prostate Screening**

4:00 PM—6:00 PM

The event, in collaboration with the Tony Teramana Cancer Center of Trinity Health System (Steubenville) and the Women in Action Against Cancer Coalition of Jefferson. The event will provide free prostate screenings for minority men ages forty and up.

Hosted By:
Tony Teramana Cancer Center
3204 Johnson Road
Steubenville, OH 43952

Registration:
Barb Steitz—Patient Navigator
(740) 264-8207

Sponsored By:
Urban Mission Ministries, Inc.
Cynthia Lytle
clytle@urbanmission.org
(740) 282-8010

April 24, 2024**Minority Health Fair 2024**

10:00 AM—2:00 PM

This health fair will promote health education and awareness to minority populations in Summit County. Access to health screenings, education, and community resources will be available.

Hosted By:
Metro Transit Center
613 S. Broadway Street
Akron, OH 44311
(330) 762-0341

Sponsored By:
Summit County Public Health
De'Maria Thompson
dthompson@sched.org
(330) 926-5754

April 24, 2024**Su Casa Hispanic Center Virtual Health Outreach
—Virtual Event**

3:00 PM—5:00 PM

Attend the Su Casa Hispanic Center Community Virtual Health Class and learn how to make the best decisions for your health! Participants will receive education on health and wellness along with resources. Language translation will be provided.

Hosted By:
Google Meet Joining Information:
<https://meet.google.com/ygy-bhbw-cvo>

Or Dial +1 (614) 983-0455 Pin: 893-122-071#

Sponsored By:
Catholic Charities Southwestern Ohio
Sara Obando
sobando@ccswoh.org
(513) 672-3727

April 24, 2024**Minority Men's Health Fair**

11:00 AM – 4:00 PM

This community event will provide health education and additional resources along with a broad array of health screenings in a expo setting targeting minority men.

Hosted by:
Metro Health Cleveland Heights Medical Center
100 Severance Center
Cleveland Heights, OH 44118
(216) 957-3862

Sponsored By:
Lupus Foundation of America, Greater Ohio Chapter
Suzanne Tierney
Suzanne@lupusgreaterohio.org
(216) 440-7170 Ext. 183

Note: The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events

April 25, 2024**Women's Mammogram Screening**

9:00 AM—3:00 PM

A mobile screening unit will be available to provide women ages 40-64 with breast cancer screenings. In addition, diagnostic services will be provided for women ages 25-39 who have a physician's report abnormality or other factors with breast cancer screenings and diagnostic services. A nurse educator will be on site to provide women with breast health and breast cancer prevention information.

Hosted By:

Urban Mission Ministries, Inc.
(Pantry Parking lot)
311 N. 6th Street
Steubenville, OH 43952

Registration:

(740) 282-8010
(Host Agency)

Sponsored By:

Urban Mission Ministries, Inc.
Cynthia Lytle
clytle@urbanmission.org
(740) 282-8010

April 25, 2024**MHM Senior Event**

11:00 AM—2:00 PM

This event will offer health awareness, and disease prevention and connect seniors with resources and information to impact their health. This event includes a collaboration of with six churches and will encourage social engagement.

Hosted By:

Maranatha Worship Centre
4501 Wolf Road
Dayton, OH 45417
(937) 279-0913

Sponsored By:

Ida Carson Ministries
Ida Carson
idacarsonministries@gmail.com
(937) 307-8898

April 25, 2024**Healthy Minds, Healthy Bodies, and Healthy Hearts**

3:00 PM - 6:00 PM

This event will provide information on health and preventative medicine. We will have a key focus on interactive activities for youth. We will also offer free screenings and assessments.

Hosted By:

Nehemiah Center
1215 Campbell Street
Sandusky, OH 44870
(419) 515-6946

Sponsored By:

Erie County Minority Health Task Force
Tory Yarbro
tyarbrocca@gmail.com
(419) 239-3285

April 26, 2024**Cultural Humility Presentations – Latinx & Somali**

10:00 AM—12:00 PM

Workshop designed to engage the community in dialogue about the Latinx & Somali communities as it relates to cultural norms, beliefs, and the impact on health.

Virtual Platform

<https://us06web.zoom.us/j/83006397105?pwd=7q4thGjnpfb1i88nktOQUixO9wi08.1>

Sponsored By:

Office of Minority Health at Columbus Public Health
Ryan E. Johnson, MPH
rejohnson@columbus.gov
(614) 645-7335

April 26, 2024**Family Wellness Fair**

3:00 PM—6:00 PM

This family wellness fair will be an interactive event where community members are able to learn through experience, access community resources, and receive referrals from various community partners.

Hosted By:

Whitehall Library
4445 E. Broad Street
Columbus, OH 43213
(614) 645-2275

Sponsored By:

Franklin County Public Health
Kevida Bowry
kevidabowry@franklincountyohio.gov
(614) 578-1446

April 26, 2024**"Someone Saved My Life Tonight: The Pastor Sal Perez Story"**

7:00 PM—9:00 PM

The event features a play based on the life of Sale Perez, Senior Pastor at Victory Outreach Tucson and nationally acclaimed recording artist. A talk will follow on the Principles of Recovery, and healing. Health information on cancer, diabetes, cardiovascular diseases, substance abuse, infant mortality, and violence will be provided.

Hosted By:

Berkman Hall Auditorium
Cleveland State University
1899 East 22 Street
Cleveland, OH 44115
(216) 523-7203

Sponsored By:

Cleveland Treatment Center
Leonard Collins
lccollins@clevelandtreatmentcenter.org
(216) 861-4246

April 27, 2024**Minority Health Month 2024—Caring for you Wellness Fair**

10:00 AM—3:00 PM

This event will provide screenings and education for the Asian community. The screenings will focus on glucose, blood pressure, EKG, mental health, smoking cessation, and COVID-19 along with nutrition and diet coaching.

Hosted By:

Bhutanese Community of Central Ohio
1925 E. Dublin Granville Road, Suite 210
Columbus, OH 43229
(614) 396-8965

Sponsored By:

Ohio Asian American Health Coalition
Anh Thu Thai
ohioasianamericanhealthco@gmail.com
(614) 419-5751

April 27, 2024**Greater Dayton Minority Health Month Expo**

11:00 AM—3:00 PM

This activity will commemorate Minority Health Month in the Greater Dayton area. This event will include educational conversations on the status of minority health in the local area, as well as provide updates on minority health initiatives. In addition the event will feature the holistic promotion of available health-related resources catering to minority health. Attendees will be notified of other Minority Health Month events hosted by other organizations in Montgomery County.

Hosted By:

Dayton Metro Library
215 E. 3rd Street
Dayton, OH 45402
(937) 463-2665

Sponsored By:

Public Health—Dayton & Montgomery County
Jasmine Young
jlyoung@phdmc.org
(937) 225-4962

April 27, 2024**Minority Health Month: Continuing the Conversation**

10:00 AM—12:00 PM

Dr. Carmen Blakely, ED.D, RDN, LD, an Associate Professor at Kent State University will speak about nutrition with a focus on diabetes and cardiovascular disease. An Interactive discussion with community members will follow.

Hosted By:

Kent United Church of Christ
1400 E. Main Street
Kent, OH 44240
(330) 673-9534

Sponsored By:

Community Action Council of Portage County
Leah Schmidt
lschmidt@cacportage.net
(330) 297-1456 Ext. 229



April 27, 2024

Second Chances: Reuniting Fathers and Children for a Violence-Free Future

12:00 PM—1:30 PM
The violence prevention workshop uses an evidence-based curriculum offered by the Public Health of Dayton and Montgomery County. The speaker will cover the following topics: de-escalation, anger management, conflict resolution and mindfulness.

Hosted By:
Wesley Dayton Community Center
3730 Delphos Avenue
Dayton, OH 45417
(937) 270-3731

Sponsored By:
Felons With A Future
Greg West
felonswithafuture@gmail.com
(937) 270-3731

April 27, 2024

**Aftershock Movie Screening:
A Panel Discussion and Community Conversation**

12:00 PM—3:00 PM
The event will screen the movie Aftershock and follow up with a panel discussion/community conversation related to maternal and infant mortality rates among minority and other vulnerable populations. We will have a panel of doulas, birth workers, and community advocates discuss how we turn our outrage into action and tangible change.

Hosted By:
Kingdom of God Int'l Church
6055 Taylor Road
Columbus, OH 43230
(614) 740-9001

Sponsored By:
MOBiNurses, Inc.
Jatu Boikai
jatuboikai@gmail.com
(614) 483-2769

**Good
Health
Begins
With You!®**

Note: The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events

April 27, 2024

“Someone Saved My Life Tonight: The Pastor Sal Perez Story”

Two show times:
2:00 PM - 4:00 PM and 7:00 PM—9:00 PM
The event features a play based on the life of Sale Perez, Senior Pastor at Victory Outreach Tucson and nationally acclaimed recording artist. A talk will follow on the Principles of Recovery and healing. Health information on cancer, diabetes, cardiovascular diseases, substance abuse, infant mortality, and violence will be provided.

Hosted By:
Berkman hall Auditorium
Cleveland State University
1899 East 22 Street
Cleveland, OH 44115
(216) 523-7203

Sponsored By:
Cleveland Treatment Center
Leonard Collins
lccollins@clevelandtreatmentcenter.org
(216) 861-4246

April 27, 2024

Infant and Maternal Safety Summit

12:00 PM—3:00 PM
Join us for the Infant and Maternal Safety Summit. This is an interactive experience to learn the best ways to keep our mamas and babies safe! There will also be giveaways, prizes, and more!

Hosted By:
Frederick Douglass Community Association
1001 Indiana Avenue
Toledo, OH 43607
(419) 409-6079

Sponsored By:
Hospital Council of Northwest Ohio
(In collaboration with Queens Village Toledo)
Crystal Martin
cmartin@hcno.org
(419) 409-6079

April 27, 2024

Color of Wellness

11:00 AM—3:00 PM
Murtis Taylor and 25 of its health services providers will work in collaboration to educate and demonstrate good healthy lifestyle choices through food and exercise. Participants will learn about diabetes and its effects on the body. Resources will be distributed and subject matter expert representatives will be available to answer questions and assist participants with navigating next steps.

Hosted By:
Christian Kingdom Assembly
12700 Boardway Avenue
Cleveland, OH 44127
(216) 283-4400 Ext. 2295

Sponsored By:
Murtis Taylor Human Services System
Heather Brissett
hbrissett@murtistaylor.org
(216) 283-4400 Ext. 2295

April 27, 2024

Breast Cancer Awareness

10:00 AM—2:00 PM
This event will educate the public on breast cancer and provide information on the risk factors of breast cancer, as well as preventative measures.

Hosted By:
OCCHA
3660 Shirley Road
Youngstown, OH 44502
(330) 742-8294

Sponsored By:
Youngstown Local Office on Minority Health
Golie Stennis
gstennis@youngstownohio.gov
(330) 742-8294

April 27, 2024

BCCO Annual Wellness Fair 2024

10:00 AM—3:00 PM
The Bhutanese Community of Central Ohio annually hosts a Health and Wellness event every April, coinciding with Minority Health Month. This event attracts participants from a wide range of organizations serving minority and refugee populations in Central Ohio. The event is open to all communities and age groups. The event features diverse health and wellness education sessions and offers basic healthcare services. Primarily, it serves as a crucial link between service providers and the community.

Hosted By:
Bhutanese Community of Central Ohio (BCCO)
1925 E. Dublin Granville Road, Suite 210
Columbus, OH 43229
(614) 396-8965

Sponsored By:
Bhutanese Community of Central Ohio
Sudarshan Pyakurel
(614) 396-8965
info@bccoh.org

and the

Ohio Asian American Health Coalition
Anh Thu Thai
ohioasianamericanhealthco@gmail.com
(614) 419-5751





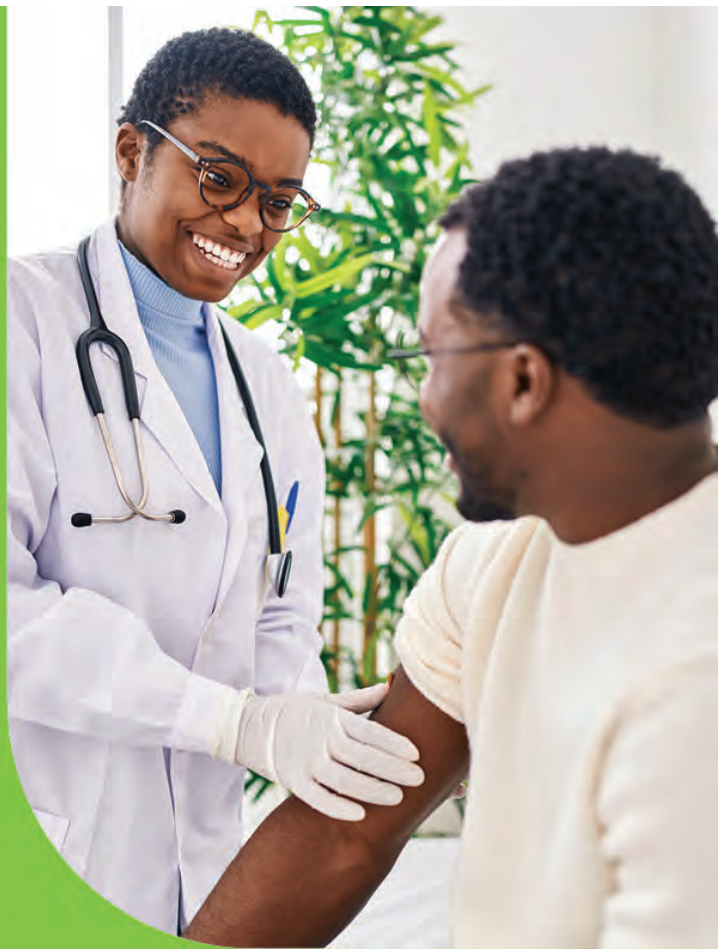
We know what matters to you—because it's what matters to us, too

That's why our Medicaid plan is built for members' whole health—from family and community life to preventive care and behavioral health. **And that's also why we support the Ohio Commission on Minority Health and the 2024 Minority Health Month Statewide Kickoff.**

Humana

Healthy Horizons.
in Ohio

Humana Healthy Horizons in Ohio is a Medicaid Product of Humana Health Plan of Ohio, Inc.



Minority Health Matters

Are you interested in minority health issues?

If so, join our listserv to receive information related to minority health issues.

Join NOW!

Email us at www.minhealth@mih.ohio.gov

Local Offices of Minority Health

Akron

Summit County Office of Minority Health
Summit County Public Health
1867 West Market Street
Akron, OH 44313

De'Maria Thompson
Local Office of Minority Health Director
(330) 926-5754

Cleveland

Cleveland Office of Minority Health
Cleveland Department of Public Health
75 Erieview Plaza
Cleveland, OH 44114

Raafeeq Ali
Local Office of Minority Health Director
(216) 664-6790

Columbus

Columbus Office of Minority Health
Columbus Public Health
240 Parsons Avenue
Columbus, OH 43215

Kelli E. Johnson
Local Office Of Minority Health Director
(614) 645-1542

Dayton

Dayton Council of Health Equity
Public Health-Dayton & Montgomery County
1320 E. Fifth Avenue
Dayton, OH 45410

Jasmine Young
Local Office of Minority Health Coordinator
(937) 225-9362

Toledo

Toledo Lucas County Office of Minority Health
Toledo-Lucas County Health Department
635 North Erie Street
Toledo, OH 43604

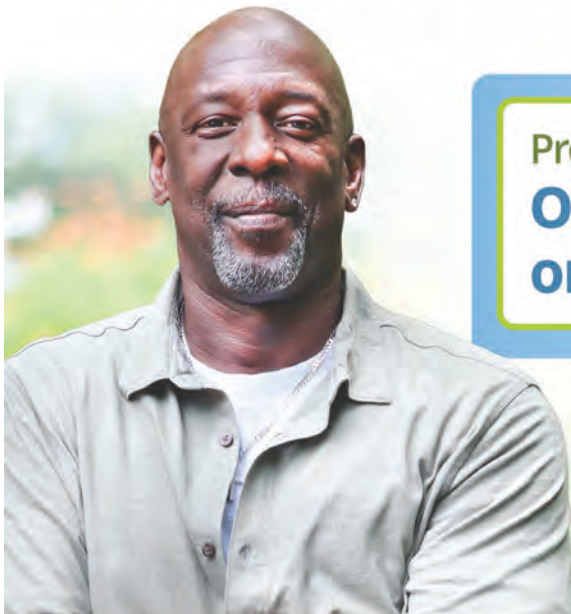
Cheyenne Nawrot
Local Office of Minority Health Director
(419) 213-2882

Youngstown

Youngstown Local Office of Minority Health
Youngstown City Health District
9 Front Street, Room 223
Youngstown, OH 44503

Golie Stennis
Local Office of Minority Health Director
(330) 742-8294

Keeping Ohio Healthy
for **20 YEARS**



Proud to partner with the
**Ohio Commission
on Minority Health**



Michael H. member since 2020

1-866-246-4358 (TTY:711) [BuckeyeHealthPlan.com](https://www.BuckeyeHealthPlan.com)

***The 2024 Minority Health Month Statewide Calendar of
Events has been made possible through the efforts of our
Distinguished grantees.
We thank you so much!***

American Fitness Health & Wellness Institute
Bhutanese Community of Central Ohio
Catholic Charities of Southwest Ohio
Cleveland Department of Public Health
Cleveland Treatment Center
Columbus Public Health
Community Action Council of Portage County
Public Health of Dayton & Montgomery County
Erie County Minority Health Task Force
Felons With A Future
Franklin County Public Health
The Greater Stark County Urban League
Hospital Council of Northwest Ohio

Ida Carson Ministries
LFA Greater Ohio Chapter, Inc.
MOBiNurses, Inc.
Murtis Taylor Human Services System
Nuestra Gente Community Projects, Inc.
Ohio Asian American Health Coalition
Open Arms Transformation Living
Pathways Enrichment Center
Summit County Combined Health District
Toledo Office of Minority Health
UMADAOP of Dayton
Urban Mission Ministries, Inc.
Youngstown City Health District

Funding Opportunities

The Ohio Commission of Minority Health announces the availability
of the Request For Proposals (RFP) for
Minority Health Month 2025

The RFP outlining grant requirements and prerecorded
technical assistance sessions will be available on our website
www.mih.ohio.gov on **June 10, 2024**

For additional questions contact
the Ohio Commission on Minority Health
77 South High Street, 18th Floor, Columbus, Ohio 43215
(614) 466-4000

**The deadline for funding application submission is
July 22, 2024**

Commission Board & Staff

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Suresh Sharoff, M.D., Secretary

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Katherine Tullio, MPH, Rocky River
Kamini Lahki, RD, Columbus
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Ursel McElroy, Director, Ohio Department of Aging
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Representative Dontavius L. Jarrells, District 1

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Ohio Department of Health

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Program Specialist

Zaneta Flowers
Temporary Program Specialist

Loretta Skinner
Executive Assistant



Molina shares in the mission to achieve health equity for all.

“We all should know that diversity makes for a rich tapestry and we must understand that all the threads of the tapestry are equal in value no matter what their color.”

Maya Angelou





Commission on Minority Health



Mission Statement

The Ohio Commission on Minority Health is dedicated to eliminating disparities in minority health through innovative strategies and financial opportunities, public health promotion, legislative action, public policy and systems change.



77 S. High Street, 18th Floor
Columbus, Ohio 43215
Telephone: (614) 466-4000
Website: www.mih.ohio.gov
Email: minhealth@mih.ohio.gov

