

2017-2020 Athens County Community Health Improvement Plan



A plan for improving the health, well-being, and quality of life in our community.

Publication Date: August 2017

NOTE: This document was funded by the Athens County Health Department and produced in partnership with the Center for Public Health Practice at the Ohio State University's College of Public Health. It includes information on the planning process, strategic priorities and associated work plans. Detailed work plans can be found in a separate document.



THE OHIO STATE UNIVERSITY
COLLEGE OF PUBLIC HEALTH

Executive Summary

In 2017, Athens County, Ohio, in collaboration with the counties of Vinton, Hocking, and Perry, entered into an agreement to develop a Community Health Improvement Plan (CHIP). The Center for Public Health Practice located in the College of Public Health at The Ohio State University was retained by the group as the facilitator. Each county had previously completed a Community Health Assessment (CHA); individual CHIPs were subsequently written using a combination of regional and single-county meetings.

Representatives of 17 organizations in Athens County participated in the development of the CHIP (see Appendix C), which began with examining the data from the CHA. Based on the results of the CHA combined with their knowledge of the community, a planning group convened to select the health priorities of:

Substance Abuse, Chronic Disease, and Poverty as a Social Determinant

Athens County then collaborated with the SE Region to determine where shared planning might occur. The following shared priorities were identified:

Substance Abuse & Chronic Disease

Representatives from all four counties then completed a systematic process to draft work plans that would address these common priorities. Following the shared planning process, Athens County conducted a similar activity for the Poverty priority, as well as to create a definition for health in Athens County. The approved definition for Athens County is:

A healthier, happier, and more prosperous community

Following this shared planning process, Athens County completed a similar activity to adapt those plans to fit Athens County's unique needs. The resulting work plans detail the specific goals, objectives, and measures that will be used to address priorities and track progress. Work groups considered several overarching principles as they considered goals and objectives: the Health Impact Pyramid (Figure 3), evidence based public health practices, alignment with the State of Ohio Health Improvement Plan (Figure 2) and community resources and assets (Figure 4). This CHIP is a long-term plan that will guide the community in the development and implementation of projects, programs, and policies that are aimed at improving the health of Athens County.

Implementation of the CHIP will begin in late 2017. On an annual basis, Athens County will publish a report outlining progress made towards accomplishing the goals outlined in the work plan and reconvene community partners to discuss progress and necessary revisions. The original group of community partners will be invited to continue to serve as the CHIP steering committee providing ongoing guidance and support for implementation and future revisions. The composition of this group will be expanded and maintained as this work progresses. The CHIP is slated to be implemented over a three-year period.



Public Health
Prevent. Promote. Protect.

Athens City-County Health Department

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LETTER FROM THE HEALTH COMMISSIONER

The Athens City-County Health Department is dedicated to improving the health of the citizens of our county. In keeping with our commitment, I am pleased to present our Community Health Improvement Plan which identifies health priorities in our community and presents plans to address these needs.

Early in 2016, a Community Health Assessment was conducted by mail survey of Athens County adult residents under the direction of the Ohio State College of Public Health. Subsequently, leadership of the Athens City-County Health Department met with a wide range of community agencies to identify health priorities in our county. Results of this meeting helped inform our needs and contributed greatly to our Community Health Assessment. Chronic disease, poverty, and substance abuse were identified as major health concerns.

The Athens County Community Health Improvement Plan was developed with participation from multiple agencies, private citizens, and health care providers. Action work groups were assigned to mitigate our identified priorities of chronic disease, poverty, and substance abuse, time lines for progress were formulated, and plans for review of our accomplishments and challenges were made. Implementation of our plan will occur over the next three years with reviews occurring at least annually.

Athens County residents are encouraged to communicate concerns and suggestions regarding this report to the leadership at the Athens City-County Health Department.

Athens is fortunate to have concerned citizens, collaborating agencies, and health care providers that are committed to improving the health of all Athens County residents. I am grateful for your contributions to this report.

I also am grateful to the hardworking, always professional and dedicated staff at the Athens City-County Health Department. They continue to make challenges seem like opportunities.

Wishing you good health,

James R. Gaskell, M.D.
Athens City-County Health Department
Health Commissioner

"Protecting and Promoting the health and wellness of Athens County Residents"

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Introduction

In 2016, the Athens City-County Health Department (ACCHD) embarked on a process to assess the health of its residents. This Community Health Assessment (CHA) looked at disease rates, quality of life issues, causes of death, and community resources to paint a picture of the health of Athens County. In order to address the major health issues identified in the CHA, ACCHD engaged a wide range of community partners to gather inputs to inform a vision of health for Athens County, review the CHA data, select health priorities based on the data, and collectively create a plan of action. The Community Health Improvement Plan (CHIP) is comprehensive and long term, detailing action steps that will be used by organizations as they implement projects, programs, and policies in Athens County.

This report begins with a brief description of the process used to engage the community and stakeholders in the development of the CHIP. Following the process summary, there is a section for each identified priority. This report lists the goals and key measures selected for the health priorities, accompanied by data that is evidence of its significance. Detailed work plans that include objectives, action steps, assets and resources, and evidence-based strategies for each priority are in Appendix A. This report concludes with a discussion of next steps relative to implementation, ongoing monitoring, and evaluation of the CHIP. Appendix B contains a list of key terms and acronyms used in this report.

The Process

In an effort to efficiently plan for community health improvement initiatives, the ACCHD collaborated with three other counties (Vinton, Hocking and Perry) in the Southeast Ohio Region (referred to in this report as the SE Region). Together, representatives from these local health jurisdictions were responsible for providing oversight and financial support for the CHIP development process that would be used by all in the SE Region. The Center for Public Health Practice at the Ohio State University's College of Public Health was retained to design the process and facilitate the CHIP meetings. A timeline of the CHIP process is displayed in Figure 1.

In Athens County, representatives from 17 organizations serving the community were engaged in the development of the CHIP, which occurred over an eleven month period. The partners comprised the Athens County Community Health planning group ("planning group"). A list of participating partners can be found in Appendix C. The process began with the selection of health priorities that were



Figure 1: Timeline

determined to be the most pressing health issues in Athens County, followed by the development of priorities and creation of work plans that comprise the CHIP. In addition, the planning group created a definition, or vision, of health that articulated the ideal future state of health in Athens County. Creation of the vision of health was accomplished through a systematic process of gathering inputs about what they thought an ideal future in Athens County looks like. The vision for health in Athens County is:

A healthier, happier, and more prosperous community

Developing Priorities

After an extensive review of the data from the CHA and using their knowledge of the community, the planning group discussed possible health priorities for the county. Athens County’s prioritization meeting took place in October 2016. The planning group was asked to consider several selection criteria when brainstorming potential priorities. This selection criteria included the following:

- Magnitude of issue – how big is the problem in Athens County?
- Severity of issue – is it a leading cause of death?
- Impact of issue on vulnerable populations – does it impact populations like minorities, children, and the elderly more than the general population?
- Impact on Athens County - is the issue a greater problem in Athens County than in the state of Ohio?
- Feasibility to impact the issue – do we have the resources and ability to create positive change?

In addition, Ohio’s State Health Improvement Plan (SHIP) priorities were considered. The 2017 SHIP priorities are Mental Health and Addiction, Maternal and Infant Health, and Chronic Disease (See Figure 2 for CHIP alignment with state and national priorities).

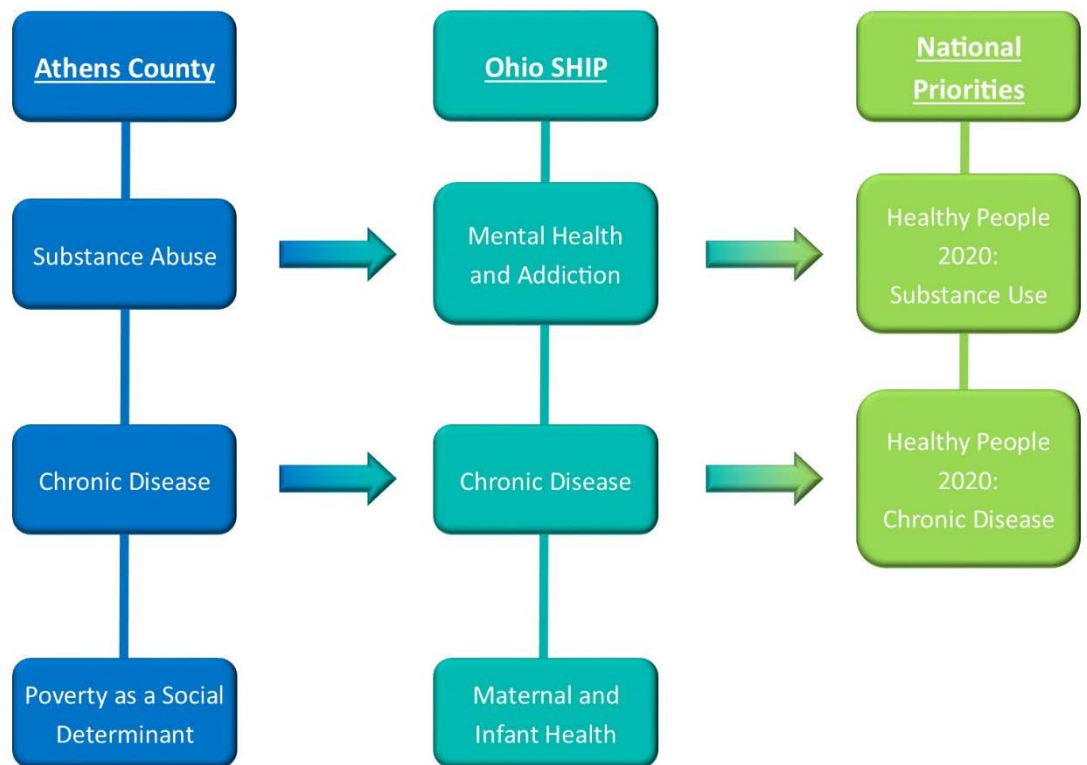


Figure 2: Alignment

PRIORITIES

The planning group identified the most pressing health issues in Athens County to be:

Substance Abuse

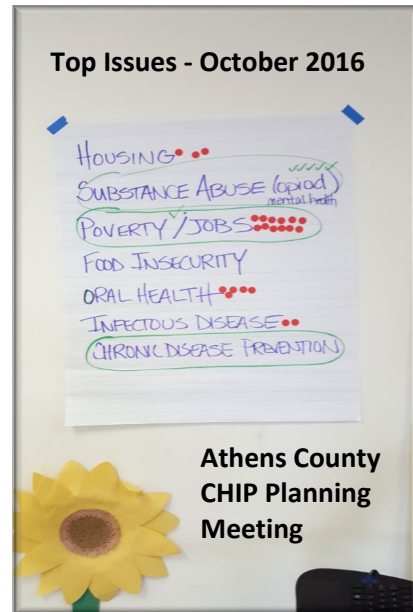
Chronic Disease

Poverty as a Social Determinant

The regional planning group identified the most pressing health issues in the region to be:

Substance Abuse

Chronic Disease



Work Plan Development and Guiding Principles

In order to undertake community health improvement planning in an efficient way, key stakeholders in the SE Region determined that shared planning should occur. In March and April of 2017, representatives from a variety of community sectors within the four counties met together twice to draft regional work plans. The groups considered the priorities and needs of their own communities, as well as the priorities and needs of the region, in order to identify goals, key measures, objectives, action steps, time frames, and accountable persons related to each priority area. The product of the two meetings were two regional work plans focusing on Substance Abuse and Chronic Disease.

Anticipating issues with monitoring plans on a four-county level, the SE Region decided to utilize the planning that occurred during regional meetings to create locally-focused plans. To facilitate this change, in June 2017 ACCHD convened stakeholders representing Athens County to review and assess the regional plans based on their applicability to Athens County alone. In addition, during this meeting, the group crafted the Poverty as a Social Determinant work plan. The result was three Athens County CHIP work plans focusing on Substance Abuse, Chronic Disease, and Poverty as a Social Determinant. Detailed work plans can be found in Appendix A.

During all meetings, regional and county-specific workgroups were tasked with considering the Health Impact Pyramid, Policy, Systems, and Environmental (PSE) changes, and evidence based public health

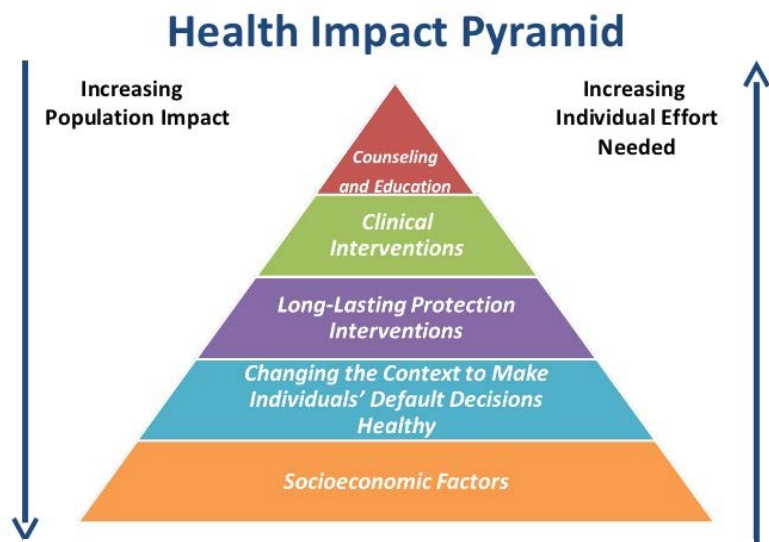


Figure 3: Health Impact Pyramid

practices when determining objectives. The Health Impact Pyramid describes the effectiveness of different types of public health interventions. Interventions focusing on socioeconomic factors, at the base of the pyramid (see Figure 3), have the greatest potential to improve health. Although interventions at the higher levels have less of an impact on health, the likelihood of long-term success is maximized when strategies are implemented at all intervention levels (Frieden, 2010). PSE changes are those that create sustainable change, impacting things such as regulations and procedures, the rules of an organization, and the physical environment. PSE changes focus on the broadest sections of the Health Impact Pyramid.

In addition to considering the Health Impact Pyramid and PSE, the workgroups were encouraged to consider selecting evidence based public health practices (EBPHP) to create an action plan that would most effectively achieve their goals. EBPHP are tested programs, policies, and interventions that are proven to be most effective in successfully changing behavior. They create sustainable changes that improve health. To support this work, OSU provided workgroup members with menu of potential EBPHP that addressed the community's chosen priority issues.

COMMUNITY ASSETS & RESOURCES

Chronic Disease	Substance Abuse	Poverty
<p>CHRONIC DISEASE PREVENTION</p> <p>Creating Healthy Communities grant and Southern Communities Prevention Service Issue grant DPP (Diabetes Prevention Program) SHIP (Complete Health Improvement Program) Walkways - Risk Reduction Program Fresh Fruit & Vegetable Program (NSOP via Ohio Dept of Ed) Low sodium Apples Ohio V. Dept of Social+Public Health Smokey Mountain Community Food Initiatives - <i>community garden</i> Rural Action Sustainable Agriculture Program Local Quality Fresh Steps (to Farm to School) Diabetes Institute OU V.P. for Patient Care Coord. with funding grant opportunities (collaborative) Athens Community Center Recreational Programs Rice Park OU-HCOM Community Health Program - <i>Stationary & Fall Health Screening</i> Outreach Clinic</p>	<p>SUBSTANCE ABUSE + MENTAL HEALTH</p> <p>317 Board HopeWell Health Integrated Services Health Recovery Series Dan Hise Athens Co. Office Taskforce Celebrate Recovery The Gathering Place OU H-DMT Kitchens for Children Site Strategic Plan initiative Health Dept - Project Deuce AA / NA Recovery Community Photographic Project - <i>see above</i> OU - Dept of Soc + Public Health OU - (OSU) College of Health Sciences and Professions PRISM Behavioral Health D.U. Research office (qual research) UMA - Dr. Ford AMA - Dr. Smikle Athens Stage Collective</p>	<p>POVERTY / JOBS</p> <p>Job + Family Services / Work station Athens Co. Economic Development Council Major Universities / Colleges Major Health Systems Athens Area Chamber / Nashville Chamber Hocking, Athens, Perry Community Actionwork Force Development Corporation (organization) - <i>see above</i> - Dr. Board - Scott Zelnick Carol / Alisha - Port Authority Timothy Hise / Board Writes Athens Housing Coalition Americans USA Members Ohio Community Development + Coalition Association OU Innovation Center OU V.P. for Research Center (see above) Ohio V. Dept. of Social + Public Health faculty + staff Research Career Connections U.V.I. Community Food Initiative Dr. Entry TOSAFORCE Research on similar social towns that formed areas roundhouses or economic development activities that bring in major employers/ manufacturing centers and find out how they did it. ARC Light Faith Community <i>see above</i> Dr. Tim Gentry - <i>see above</i> (OU)</p>

Figure 4: Community Resources & Assets, October 2016



Priority: Substance Abuse

Goals: Reduce drug overdose deaths in Athens County; Reduce drug dependency/abuse in Athens County

Key measures: Drug overdose death rate; Opiate related hospital admissions

Substance abuse, particularly opioids, is a leading health concern in Athens County. According to the 2016 Athens County CHA, there were 8 unintentional drug overdose deaths and a Hepatitis C rate of 249.8 per 100,000 population. Hepatitis C is associated with certain types of drug use. The CHIP focuses on improving access to medication and detox facilities to help drug users, as well as enhancing education and prevention initiatives throughout the county.

Objectives:

- Establish a detox facility in Athens County
- Provide evidence based prevention education in Athens County school districts
- Create a regional drug coalition

26.0 % of those surveyed report that drug abuse is one of the most important health problems in Athens County.

2016 Community Health Assessment



Priority: Chronic Disease

Goals: Reduce the incidence of chronic disease; Increase access to care

Key Measures: Heart Disease and Diabetes rates; Clinical practices utilizing community health workers

Athens County ranks 72nd out of 88 Ohio Counties in the annual County Health Rankings (CHR) report.

According to the Centers for Disease Control and Prevention's Athens County Community Health Profile, 150.5 of every 100,000 people have heart disease. 6.9% of Athens County residents are diabetic. The 2016 Community Health Assessment found that Athens County has an atherosclerotic cardiovascular disease mortality rate of 56.8 per 100,000 population, compared to a rate of 15.2 for the state of Ohio. The CHIP focuses on improving access to opportunities for healthier living, including increased physical activity, improved nutrition, and decreased tobacco use.

Objectives:

- Increase physical activity rates
- Increase access to healthy, fresh foods
- Decrease tobacco use
- Increase access to care

29% of Athens County adults are obese.

2016 County Health Rankings



Priority: Poverty as a Social Determinant

Goals: Increase understanding of why poverty rate is high in Athens County

Key measures: Assessment conducted

Health and poverty are intertwined. Poverty impacts public health in a myriad of ways such as access to safe housing, access to health care, access to nutritious foods, and access to opportunities for healthy activities. Athens County, OH has the highest overall poverty rate in the state of Ohio. Conventional knowledge of poverty's contributing factors would contradict this, given Athens County's vast resources, including a major hospital, a major university, good employers, and robust social services. We want to investigate the cause of a high poverty rate with the intention of using that information in coming years to impact the poverty rate in Athens County. The CHIP focuses on conducting a comprehensive assessment of poverty in Athens County to attempt to determine why the poverty rate is so high.

31% of the children in Athens County are impoverished.

2016 County Health Rankings

Objectives:

- Create a GIS map of poverty in Athens County
- Conduct an assessment of income distribution in Athens County
- Conduct a qualitative assessment of poverty in Athens County

Summary and Next Steps

The 2017 Athens County Community Health Improvement Planning process aimed to identify the most pressing health issues in Athens County and bring stakeholders together to collaborate and create an actionable plan to address those issues. This plan presents priorities and associated goals and objectives to improve the health of Athens County. More detailed work plans can be found in Appendix A.

A charter has been established that outlines the roles and responsibilities of the community in regards to the CHIP and provides an organizational structure to support implementation moving forward. This charter can be found in Appendix D.

This plan will be monitored and updated annually to reflect accomplishments and new areas of need. Athens County residents and community organizations are encouraged to participate in this process. Agencies and organizations are also encouraged to align their agency strategic plans to this plan where appropriate. If you or your organization are interested in participating in the CHIP, please contact Jack Pepper, Athens City-County Health Department, at 740-592-4431.

Appendix A: Work Plans Substance Abuse

Priority #1: Substance Abuse

Similar to other Ohio Communities, Athens County has been adversely affected by substance abuse. While the area has been hard hit by the recent opioid epidemic, alcohol, methamphetamines, illicit and prescription drug overdose still remain issues in the community. Lack of access to effective treatment has left the region particularly vulnerable. We will leverage our existing assets to reduce overdose death by improving access to clinical interventions as well as increase our preventive efforts and community support system to prevent drug use and dependency.

Goal 1.1: Reduce drug overdose deaths in Athens County

Key Measure(s): 18.4 Drug overdose death rate in 2016 (Target: 15)

Local data source: "[Ohio Drug Overdose Data: General Findings](#)"

Alignment with National Priorities: [Healthy People 2020: Substance Use](#); [National Prevention Strategy: Preventing Drug Abuse and Excessive Alcohol Use](#)

Alignment with SHIP: Priority Topic: Mental health and addiction; Priority Outcome: Drug overdose deaths

Objectives	Impact	Measure	Action Steps	Timeframe	Lead	Status
Objective 1.1.1: By December 31, 2020, establish one detox facility in Athens County.	<input type="checkbox"/> Policy Change <input checked="" type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input type="checkbox"/> Evidence Based Program	<p><u>Baseline:</u> 0 current facilities</p> <p><u>Target:</u> 1 facility</p> <p>Source: Athens City-County Health Department</p>	<ul style="list-style-type: none"> Conduct inventory on what EVBP/Programs are currently running Substance abuse education access/programs MAT by end of calendar year 2018 Determine possible options for inpatient detox, ambulatory detox program Determine state funding through SAMSA/legislation Create inventory of existing inpatient and outpatient programs and facilities that exist currently. Research alternative programs 	<p>Start: 9/2017</p> <p>End: 12/17</p>	John Haysley	In progress

Appendix A: Work Plans
Substance Abuse

Priority #1: Substance Abuse

Similar to other Ohio Communities, Athens County has been adversely affected by substance abuse. While the area has been hard hit by the recent opioid epidemic, alcohol, methamphetamines, illicit and prescription drug overdose still remain issues in the community. Lack of access to effective treatment has left the region particularly vulnerable. We will leverage our existing assets to reduce overdose death by improving access to clinical interventions as well as increase our preventive efforts and community support system to prevent drug use and dependency.

Goal 1.2: Reduce drug dependency/abuse in Athens County

Key Measure(s): 2009-2013 hospital admission rate for opiate-related diagnosis 21.0 (Target 15.0)

Local Data Source: [OHMAS Total Hospital Admissions](#)

Alignment with National Priorities: [Healthy People 2020: Substance Use](#); [National Prevention Strategy: Preventing Drug Abuse and Excessive Alcohol Use](#)

Alignment with SHIP: Priority Topic: Mental health and addiction; Priority Outcome: Reduce drug dependency/abuse

Objectives	Impact	Measure	Action Steps	Timeframe	Lead	Status
<p>Objective 1.2.1: By December 31, 2020, provide at least one evidence based prevention education program per school district in Athens County.</p>	<p><input type="checkbox"/> Policy Change</p> <p><input checked="" type="checkbox"/> Environmental Change</p> <p><input checked="" type="checkbox"/> Systems Change</p> <p><input checked="" type="checkbox"/> Evidence Based Program</p>	<p>Baseline: 0 current programs</p> <p>Target: 1 program</p> <p><i>Source: Athens City-County Health Department</i></p>	<ul style="list-style-type: none"> • Inventory on what EVBP/Programs are currently running – to present to school board on how to supplement info • Attend school board/superintendent meetings to discuss ODE mandates on substance abuse education, on a quarterly basis • Increase awareness/education of prescription drug overdose/misuse to all (schools, community, families) • Teach tools that support mindfulness; setting goals; and managing stress and depression 	<p>Start: 8/2017</p> <p>End: 8/2018</p>	<i>Athens Hope</i>	In progress

Appendix A: Work Plans Substance Abuse

<p>Objective 1.2.3: By December 31, 2020, create one regional coalition for information sharing and coordinating efforts.</p>	<p><input type="checkbox"/> Policy Change</p> <p><input checked="" type="checkbox"/> Environmental Change</p> <p>X Systems Change</p> <p><input checked="" type="checkbox"/> Evidence Based Program</p>	<p>Baseline: 0 current coalitions</p> <p>Target: 1 coalition</p> <p><i>Source: Athens City-County Health Department</i></p>	<ul style="list-style-type: none"> ● Use current 317 board meetings for coordination, communicating, and reporting out data on regular basis ● Annual event to provide information for regional county healthcare and community partners on efforts for opioid epidemic. ● Determine speakers for the event and standard agenda items ● Determine frequency of event, minimal of annual ● Include legislative updates ● Share best practices, support efforts, network, and resource knowledge. ● Annual regional conference sponsored by OhioHealth O’Bleness Hospital 	<p>Start: 8/2017</p> <p>End: 12/2020</p>	<p><i>Brittany Jarvis (OhioHealth O’Bleness)</i></p>	<p>Not started</p>
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Appendix A: Work Plans
Chronic Disease

Priority #2: Chronic Disease

Athens County, Ohio ranks 72 out of 88 counties in the annual County Health Rankings. This is due, at least in part, to a lack of opportunities for healthy living, including exercise, nutrition and tobacco free spaces. This lack of opportunity contributes to high rates of diabetes, heart disease, and obesity in the county. In addition, there is a lack of access to clinical care to address these conditions. We will utilize existing partnerships and resources to provide residents with a healthier community where they have daily access to opportunities for healthy living and the care needed to prevent illness and death.

Goal 2.1: Reduce the incidence of chronic disease in Athens County

Key Measure(s): 150.5 per 100,000 Heart Disease Death Rate (Target: 135); 6.9% of adults diagnosed with Diabetes (Target 5%)
 Local data source: [2015 CDC CHSI](#)

Alignment with National Priorities: [Healthy People 2020](#) : [Heart Disease and Stroke](#); [Diabetes](#)
[National Prevention Strategy](#) Priorities: [Tobacco Free Living](#), [Healthy Eating](#), [Active Living](#)

Alignment with SHIP: Priority Topic: *Chronic Disease*; Priority Outcome(s): *Reduce heart disease, reduce diabetes.*

Objectives	Impact	Measure	Action Steps	Timeframe	Lead	Status
<p>Objective 2.1.1: By December 31, 2020, increase physical activity among Athens County residents by 10%.</p>	<p><input type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input checked="" type="checkbox"/> Evidence Based Program</p>	<p><u>Baseline:</u> 76% of residents physically active</p> <p><u>Target:</u> 86% of residents physically active</p> <p><i>Source: 2016 County Health Rankings</i></p>	<ul style="list-style-type: none"> • Create a resource guide that outlines the following: <ul style="list-style-type: none"> ○ Bike path/walking trail availability (○ Creation of regional “map” to outline opportunities in all four counties (schools, fairgrounds, etc.) ○ Link with local businesses to create a list of resources/inventory of exercise opportunities • Increase physician referral to physical activity • Increase worksite wellness initiatives <ul style="list-style-type: none"> ○ Determine number of current workplace initiatives 	<p>Start: 6/2017</p> <p>End: 12/2020</p>	<p><i>Megan Buskirk, Ruth Dudding Athens City County Health Department</i></p>	<p>Not started</p>

Appendix A: Work Plans Chronic Disease

<p>Objective 2.1.2: By December 31, 2020, increase access to healthy, fresh food among residents of Athens County by 10%</p>	<p><input type="checkbox"/> Policy Change <input checked="" type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input type="checkbox"/> Evidence Based Program</p>	<p><u>Baseline:</u> 14.2% of residents have limited access to healthy food</p> <p><u>Target:</u> 13.0%</p> <p><i>Source: 2015 CDC CHSI</i></p>	<ul style="list-style-type: none"> • Consult asset map for food outlets in Athens County • Conduct a feasibility study to determine if a grocery store can be built in areas without fresh food sources • Increase backpack/summer meal program <ul style="list-style-type: none"> ○ Funding ○ Checklist of acceptable food items ○ Identify partners • Create community gardens • Promote farmers markets/produce auctions • Work with food pantries to assure fresh, healthy foods are distributed • Good Food Here/Healthy Corner Store • 	<p>Start: 6/2017 End: 12/2017</p>	<p><i>Kelly Nottingham (Primary Care Initiatives)</i></p> <p><i>Megan Buskirk and Kari Boyle, Athens City-County Health Department</i></p>	<p>Not started</p>
<p>Objective: 2.1.3: By December 2020, decrease tobacco use in Athens County by 5%.</p>	<p><input checked="" type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input type="checkbox"/> Evidence Based Program</p>	<p><u>Baseline:</u> 23% of residents smoke</p> <p><u>Target:</u> 18% of residents smoke</p> <p><i>Source: 2017 County Health Rankings</i></p>	<ul style="list-style-type: none"> • Increase Certified Tobacco Treatment Specialists – Increase by 1 county • Increase education/prevention <ul style="list-style-type: none"> ○ Pregnant women • Adoption of T21 policy 	<p>Start: 9/2017 End: 12/2020</p>	<p><i>Ruth Dudding (Athens City County Health Department)</i></p>	<p>Not started</p>

Appendix A: Work Plans Chronic Disease

Priority #2: Chronic Disease

Athens County, Ohio ranks 72 out of 88 counties in the annual County Health Rankings. This is due, at least in part, to a lack of opportunities for healthy living, including exercise, nutrition and tobacco free spaces. This lack of opportunity contributes to high rates of diabetes, heart disease, and obesity in the county. In addition, there is a lack of access to clinical care to address these conditions. We will utilize existing partnerships and resources to provide residents with a healthier community where they have daily access to opportunities for healthy living and the care needed to prevent illness and death.

Goal 2.2: Improve access to care in Athens County

Key Measure(s): 2 clinical practices in Athens County utilizing Community Health Workers (Target: 5)

Local Data Source: ACCHD Assessment

Alignment with National Priorities: [[Healthy People 2020: Access to Health Services](#)]

Alignment with SHIP: *Cross-cutting outcome: Healthcare System and Access*

Objectives	Impact	Measure	Action Steps	Timeframe	Lead	Status
<p>Objective 2.2.1: By December 31, 2020, increase the number of non-physician team members from 1 to 3.</p>	<p>X Policy Change <input type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input type="checkbox"/> Evidence Based Program</p>	<p><u>Baseline:</u> 1 CHW working in community <u>Target:</u> 3 <i>Source: Athens City County Health Department</i></p>	<ul style="list-style-type: none"> • Increase CHW <ul style="list-style-type: none"> ○ Navigation of the system ○ Clinical and Non-Clinical ○ Education for CHW/Funding ○ ER and case management ○ Engage community member to assess where the see areas of improvement or potential gaps 	<p>Start June 1, 2017 End December 31, 2020</p>	<p><i>Joseph Verdier Sherri Oliver Ruther Dudding, ACCHD</i></p>	<p>Not started</p>

Appendix A: Work Plans
Poverty as a Social Determinant

Priority #3: Poverty as a Social Determinant

Health and poverty are intertwined. Poverty impacts public health in a myriad of ways such as access to safe housing, access to health care, access to nutritious foods, and access to opportunities for healthy activities. Athens County, OH has the highest overall poverty rate in the state of Ohio, including 31% of children being impoverished. Conventional knowledge of poverty’s contributing factors would contradict this, given Athens County’s vast resources, including a major hospital, a major university, good employers, and robust social services. We will leverage these resources to determine why the poverty rate in Athens County is so high in the hopes of using that information in coming years to impact the poverty rate in Athens County.

Goal 3.1: Increase understanding of why the poverty rate is so high in Athens County

Key Measure(s): 0 current assessments conducted (Target: 1)

Local Data Source: Athens City County Health Department

Objectives	Impact	Measure	Action Steps	Timeframe	Lead	Status
Objective 3.1.1: By December 31, 2020, create a GIS map that displays poverty in Athens County at the street level.	<input type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input type="checkbox"/> Evidence Based Program	<u>Baseline:</u> 0 maps created <u>Target:</u> 1 map created <i>Source: Athens City County Health Department</i>	<ul style="list-style-type: none"> Recruit GIS specialist Utilize sewage inspectors to assess poverty Create map Evaluate Athens County for pockets of poverty 	Start: 8/2017 End: 12/2017	<i>Jack Pepper, Athens City County Health Department</i>	Not started
Objective 3.1.2: By December 31, 2020, conduct an assessment of the income distribution of top employers in Athens County.	<input type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input type="checkbox"/> Evidence Based Program	<u>Baseline:</u> 0 assessments conducted <u>Target:</u> 1 assessment conducted <i>Source: Athens City County Health Department</i>	<ul style="list-style-type: none"> Assess work station Survey employers Assess tax data from Auditor’s office 	Start: 9/2017 End: 12/2020	<i>Athens County Job and Family Services</i>	Not started

Appendix A: Work Plans
Poverty as a Social Determinant

<p>Objective 3.1.3: By December 31, 2020, conduct a qualitative assessment of poverty in Athens County.</p>	<p><input type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input type="checkbox"/> Evidence Based Program</p>	<p><u>Baseline:</u> 0 assessments conducted <u>Target:</u> 1 assessment conducted <u>Source:</u> Athens City County Health Department</p>	<ul style="list-style-type: none"> • Recruit and train interviewers • Recruit focus group participants • Draft focus group questions • Create a job inventory of taxable vs. nontaxable employment 	<p>Start: 1/2018 End: 12/2019</p>	<p><i>Chris Chmiel Athens County Commissioners</i></p>	<p>Not started</p>
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CHA – Community Health Assessment; the collection, analysis, and distribution of information on the health status and health needs of the community, including statistics on health status, community health needs/gaps/problems, and assets.

CHIP – Community Health Improvement Plan; a long-term and systematic plan to address health priorities that were drafted as a result of the CHA.

EBPHP – Evidence Based Public Health Practice; the implementation, and evaluation of effective programs and policies in public health through application of principles of scientific reasoning, including systematic uses of data and information systems, and appropriate use of behavioral science theory and program planning models.

HP2020 – Healthy People 2020; the federal government’s prevention agenda that is updated every 10 years.

National Prevention Strategy – From the office of the Surgeon General, lays out a prevention-oriented society where communities work together to achieve better health for all Americans.

ODH – Ohio Department of Health

OSU CPHP – The Ohio State University Center for Public Health Practice

PHAB – Public Health Accreditation Board; the accrediting organization for local, state, and tribal public health in the United States.

SHIP – State health improvement Plan; a CHIP completed at the State level.

Alcohol Drug Addiction and Mental Health Services Board 317

Athens County Children Services

Athens County Commissioners Office

Athens County Family and Children First Council

Athens County Jobs and Family Services

Athens County Prosecuting Attorney Office

Athens City-County Health Department

City of Athens

Community Food Initiatives

Hocking Athens Perry Community Action

Hopewell Health Centers

Integrated Services for Behavioral Health

Live Healthy Appalachia

OhioHealth

Ohio University College of Health Sciences and Professions

Ohio University Heritage College of Osteopathic Medicine

Ohio University Vice President for Research Office

Athens County Community Health Improvement Plan Charter

Purpose

- Plan, implement, and evaluate a community-wide strategic community health improvement plan.

Objectives

- Expand and maintain a broad-based group of partners that include stakeholders and residents
- Plan, implement, and evaluate Community Health Improvement Plan initiatives to address strategic health-related priorities
- Gather ongoing data input from stakeholders and community members to inform future priorities
- Review and revise the Community Health Improvement Plan as necessary

Expected Outcomes

- A shared community vision for health
- A comprehensive understanding of health issues affecting the community
- Community health support for coordinated health improvement activities
- Enhanced collaboration and partnerships among system contributors

Athens County, Ohio a healthy, happy and prosperous place to live!

