



MHFA
Collaborative

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MENTAL HEALTH FIRST AID

"As a mental health advocate, I found the Mental Health First Aid course curriculum to be very thorough and helpful on my quest to further strengthen my skills in assisting friends, family, neighbors and strangers alike with mental health challenges."

–Lesley Richard,
Columbus, Ohio

WHY MENTAL HEALTH FIRST AID?

Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illness and substance use disorders. This training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care.

On average,

123

people die by
suicide each
day.

– American Foundation
for Suicide Prevention

From 1999 to 2016,

630,000

people died from
drug overdose.

– Centers for Disease Control
and Prevention

Nearly

1 IN 5

U.S. adults live with
a Mental Illness.

– National Institute of Mental Health via
the National Survey on Drug Use and
Health and the Substance Abuse and
Mental Health Services Administration

Monday, May 13, 2024

8:30 a.m. - 4:30 p.m.

Registration begins at 8:00 a.m.

Adena Pike Medical Center
Emmitt Room

100 Dawn Lane | Waverly, OH 45690

Scan to register
for this training:



Training provided by:

